



# 2023 Impact Report



# 2023 Impact Report

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### ON THE COVER:

*“The Glorious Way She Moves - Glory Jones”*

by Barbara Felix

Watercolor on Yupo, glitter, pearlescent & iridescent pigments  
[barbarafelix.com](http://barbarafelix.com)

### MISSION STATEMENT:

*We provide and protect the health care and information people need to plan their families and their futures.*

### THANK YOU TO OUR GENEROUS FUNDERS:

The work of Planned Parenthood South Texas is made possible by support from you and from institutional partners, including:

- U.S. Health and Human Services Office of Population Affairs
- Methodist Healthcare Ministries
- Valley Baptist Legacy Foundation
- The Brown Foundation
- Alice Kleberg Reynolds Foundation
- The Clayton Fund
- Knapp Community Care Foundation
- Temple Beth-El
- St. Luke’s Lutheran Health Ministries
- First Unitarian Universalist Church



## ABOUT PLANNED PARENTHOOD SOUTH TEXAS

Founded in San Antonio in 1939, Planned Parenthood South Texas is the largest provider of sexual and reproductive health care in the region. We provide services at five health centers in San Antonio, one in Brownsville and one in Harlingen, and via telehealth. Financial assistance is available to increase access to essential health care. We provide community education and partner with other organizations to advocate for a more equitable world.

## GET INVOLVED

Want to see all the ways people can get involved? Scan the QR code or visit [ppsouthtx.org/getinvolved](https://ppsouthtx.org/getinvolved)



## OUR SERVICES

**BIRTH CONTROL:** Oral contraceptives, hormonal shots, condoms, IUDs and implants

**EMERGENCY CONTRACEPTION:** Pills and IUDs to prevent pregnancy after unprotected sex

**STI TESTING AND TREATMENT:** Tests for HIV, gonorrhea, chlamydia, herpes, HPV, syphilis, trichomoniasis and hepatitis

**STOP CERVICAL CANCER:** HPV vaccines, Pap and HPV tests, colposcopies and biopsies to diagnose abnormal cells, and removal of abnormal cells before they can turn into cancer

**GYNECOLOGY:** Pelvic exams; tests and treatment for vaginal infections and urinary tract infections

**BREAST HEALTH:** Clinical breast exams; mammogram referrals

**PREGNANCY TESTING:** Urine and blood tests; tests to help diagnose ectopic pregnancy

**PREGNANCY OPTIONS COUNSELING:** Referrals for prenatal care and adoption; abortion navigation to help access care in states where abortion is legal

**MENOPAUSE CARE:** Evaluation of symptoms; hormone replacement therapy

**PRIMARY CARE:** Screening and treatment for conditions such as diabetes, asthma, hypertension, anemia, depression, anxiety, allergies, and thyroid disorders

**MALE SEXUAL HEALTH EXAMS:** Services to detect STI symptoms and abnormalities that could become cancer

**GENDER-AFFIRMING HORMONE THERAPY:** Estrogen or testosterone for transgender and nonbinary patients

**FERTILITY SERVICES:** Diagnosis of common causes of infertility and provision of initial treatment options

**TREATMENT FOR SEXUAL DYSFUNCTION:** For women and men

**PRE-EXPOSURE PROPHYLAXIS (PrEP) AND POST-EXPOSURE PROPHYLAXIS (PEP):** Medication to lower the risk of contracting HIV

# Letter from the President & CEO

Dear Friends,

I am excited to share with you this report on the health, hope, and empowerment we provided in 2023.

I hope you've observed the cover art by San Antonio artist Barbara Felix, who explores the fullness and depth of the female form in her series "The Glorious Way She Moves." The artist records her subjects dancing, then uses individual frames to illustrate each subject's vibrance and individuality. The series is a celebration of movement and momentum, as well as the legacy of generations of women who came before each subject.

Barbara's artwork captures the many small gestures that go into a dance. **At our best, the performance of Planned Parenthood's mission can be a work of art.** Consider the immense skill and experience, the passion and the creativity it requires to serve 23,200 people. The data points in this publication are much like the frames in Barbara Felix's art. They will help you see and appreciate each gesture that makes up the choreography of care we orchestrated last year with your help.

"The Glorious Way She Moves" is also apt because Planned Parenthood South Texas is celebrating our 85th anniversary this year, and we have been reflecting on the energy and

momentum required to move through more than eight decades of obstacles. We, too, are celebrating the women who came before us. **And we're gathering momentum for our next act.**

Because Texas lawmakers have dismantled reproductive rights in the state, we cannot provide abortion care. But we are providing more services than ever before, and we're helping more members of our community in their different stages of life.

Young women come to us to plan their families, and later, they come to us for menopause care. Transgender and nonbinary patients come to us for gender-affirming hormone therapy and nonjudgmental care. Couples come to us for fertility services. Men — a growing number every year — come to us for STI testing and other services. Patients of all ages come to us for primary care such as treatment for diabetes and hypertension.

We are navigating South Texans to abortion care in states where abortion is legal. And we are connecting patients to other services to help them overcome barriers such as food insecurity, housing instability, and intimate partner violence.

Beyond our health centers, in 2023 we provided education about sexual and reproductive health to thousands of community members. We continued to expand and deepen our community partnerships with such nonprofits as Frontera Fund, SA Youth, YWCA, and Friendship of Women in order to increase access to health care and medically accurate information and create more just, equitable communities.



**We opened a beautiful new health center on Richland Hills Drive on the far West Side of San Antonio, where we served more than 4,000 patients.** We introduced syphilis treatment in response to a rising epidemic in the state. We advocated to restore reproductive rights in Texas and engaged supporters in raising their voices for change.

Staff, volunteers, patients, donors, and community partners are all part of this exquisite dance. On the following pages, you will see a snapshot of the dance — the result of your investment of money, time, and support in 2023. You made this possible.

You have my gratitude. **Here's to another 85 years of health, hope, and empowerment.**

*Laura Terrill*

Laura Terrill  
President & CEO

2023 Highlights:	
23,200	patients served
15,279	units of contraception
34,310	STI tests
5,224	clinical breast and pelvic exams
3,804	pregnancy tests
2,369	cervical cancer screenings
1,090	patients receiving gender-affirming hormone therapy
\$2,150,938	in financial assistance to patients who needed help affording their care



# Birth control and family planning

Family planning has been our passion since our founding in 1939. We help patients create a reproductive life plan, educate patients about the various birth control options, and support them in making the best choice for their bodies and lives.

**Family planning helps our patients achieve their educational, professional and personal goals before starting a family, so they are in the best physical, emotional and financial position to have children.** This strengthens families and ultimately results in more resilient communities.

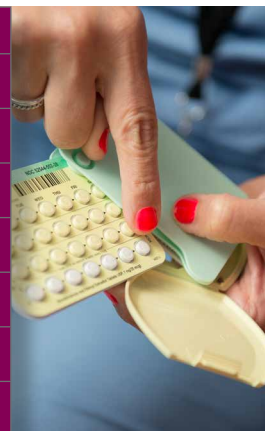
In 2023, we provided 15,279 units of contraception, which combined provided a total of 400,205 weeks of protection from unintended pregnancy.

- **Oral contraceptives (“the pill”)** continues to be our most popular contraceptive.
- **Since the fall of Roe, we have been offering emergency contraception**, which helps prevent pregnancy for up to 72 hours after unprotected sex, **at no cost**. In 2023, we provided 39% more emergency contraception than we did in 2022.
- **Long-acting reversible contraceptives—implants and intrauterine devices (IUDs)** are the most reliable non-permanent method of contraceptive and last from five to 12 years, depending on the type of device. These can be very expensive up front but are the most cost-effective option over time.



## 2023 Highlights:

2,796	condoms
3,918	units of emergency contraception
5,129	pill packs
2,487	contraceptive shots
595	hormonal implants
208	copper IUDs
146	hormonal IUDs



*“Finding myself suddenly unemployed and without health insurance—it’s so comforting to have access to women’s health care that is time-sensitive. Thank you for the services you offer.”*

—Patient at Perrin-Beitel health center in San Antonio

# Sexually transmitted infections

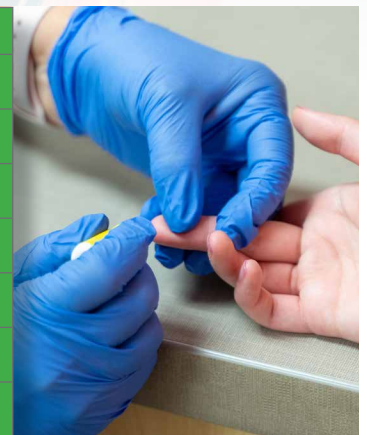
Patients can find compassionate, nonjudgmental testing for STIs at all Planned Parenthood South Texas health centers. We provide testing for patients with potential symptoms of STIs, as well as peace-of-mind testing. We provided 34,210 STI tests in 2023.

Texas is facing a syphilis epidemic due in part to reduced access to routine medical care during the pandemic. Left untreated in adults, syphilis can lead to serious health problems over the long term, ranging from vision and hearing problems to dementia. Pregnant people can pass the infection on to their baby, potentially resulting in miscarriage, low birth weight, premature delivery or stillbirth. **Syphilis affects more newborns in Texas than anywhere else in the nation.**

Planned Parenthood South Texas has long tested for syphilis; in response to epidemic levels, in 2023 we began offering treatment for the infection. Previously, we would refer patients with syphilis to the local health department for treatment, but we saw there was a need for more providers to offer this service. Introducing treatment in our health centers increases access to life-saving care.

## 2023 Highlights:

4,486	HIV tests
7,951	Chlamydia tests
7,951	Gonorrhea tests
7,056	Trichomoniasis tests
4,210	Syphilis tests
1,320	Herpes tests
1,336	HPV tests



*“Overall, I really appreciate Planned Parenthood and their staff immensely. I especially appreciate how they are willing to work with my financial situation. The amount of pay I make is about 70–80% sucked up by my living expenses, and I essentially am unable to pay for medical care at this time.”*

—Harlingen patient



# Stop Cervical Cancer

Cervical cancer is a highly preventable disease and, if detected early, highly treatable. **However, far too many people die from cervical cancer because they did not get the health care they needed.**

Hispanic/Latina women, who make up the majority of our patient population, have the highest incidence rate of cervical cancer and are often diagnosed with a late stage of the disease. Planned Parenthood South Texas is committed to reducing cases of and deaths from cervical cancer through education and health care services.

Our Stop Cervical Cancer program includes:

- **Vaccines to prevent human papillomavirus (HPV)**, a very common STI that is the root cause of virtually all cases of cervical cancer;
- **HPV tests** and screening of positive HPV tests for the genotypes that cause cancer;
- **Pap tests** to screen the cervix for cells that could lead to cancer;
- **Colposcopies** (examination of the cervix using a magnifying instrument) and biopsies to diagnose cells that could lead to cancer;
- **Loop electrosurgical excision procedure (LEEP)** to remove abnormal cells before they can lead to cancer;
- **For patients with cervical cancer detected**, referrals and patient navigation for immediate oncological care.

## 2023 Highlights:

1,336	HPV tests
1,033	Pap smears
210	HPV vaccines
145	colposcopies



*“I’m extremely grateful to the care provider, and they showed such genuine concern for my well-being, and were completely right in their diagnosis. They also listened to what all my concerns were, and if I didn’t have them advocating for me, I wouldn’t be alive today.”*

—San Antonio patient





# Navigation

## Abortion navigation

Although state law prevents us from providing abortion care in our health centers, we are committed to helping patients access the care they need until reproductive rights are restored in Texas. We provide pregnancy confirmation, as well as abortion navigation to patients who must travel out of state for this essential care.

Planned Parenthood South Texas staff help patients understand their options and find an abortion provider in New Mexico, Colorado, California or another state. **Patients can work one-on-one with a specially trained Patient Advocate who can provide them with personalized logistical support, including information on travel and lodging, and help them in obtaining financial assistance if needed.** Patients can access this help at no cost to them.

## Continuity of care

Often, our patients need follow-up care at our health centers or other care outside the scope of our practice.

**Our Centralized Follow-Up Clinician manages care plans for patients with abnormal lab results, communicates with patients regarding more complex care plans, and manages referrals.**

It can sometimes be overwhelming to find specialized care, especially for patients who do not have health insurance. Our Patient Advocate helps by connecting patients to other providers for such services as mammograms, mental health services, oncological care, and more.

## Social determinants of health

We recognize that there are many non-medical factors that can affect our patients' health. **We screen patients for challenges such as food insecurity, housing insecurity, and more, and connect them with local resources to help them overcome these challenges.**

Planned Parenthood South Texas maintains a comprehensive referral guide with carefully vetted providers and resources. Some patients simply need a referral, but some patients need more help; our Patient Advocate is available to connect them to whatever they need.

# Community Highlights

## EDUCATION

- Reached 12,007 community members in the Rio Grande Valley to provide education about sexual and reproductive health.
- Began a collaboration with La Union del Pueblo Entero (LUPE) to provide education to colonia residents in the Rio Grande Valley about reproductive health and justice.

## REPRO RESOURCES

- Established Reproductive Health Pantries with partners in San Antonio and the Rio Grande Valley, including SA Youth and the YWCA, to increase access to free menstrual supplies, condoms, pregnancy tests, emergency contraception and evidence-based information about sexual health.
- With help from volunteers, provided approximately 7,000 period packs to organizational partners to distribute to their clients.
- Provided more than 1,400 units of emergency contraception at community events and to nonprofit partners.

## ADVOCACY

- Proudly sponsored San Antonio's first ever Trans Visibility March.
- Worked with Texas A&M San Antonio to create a local chapter of PP Generation Action, which mobilizes young activists to raise public awareness about reproductive health and rights, advocate for reproductive freedom and educate young people about sexual health.
- Joined hundreds of advocates from across the state at Planned Parenthood Lobby Day at the Texas Capitol in Austin to meet with legislators and their staff.
- Engaged in an international exchange program with TAN UX'IL, a nonprofit that provides sex education in Guatemala.

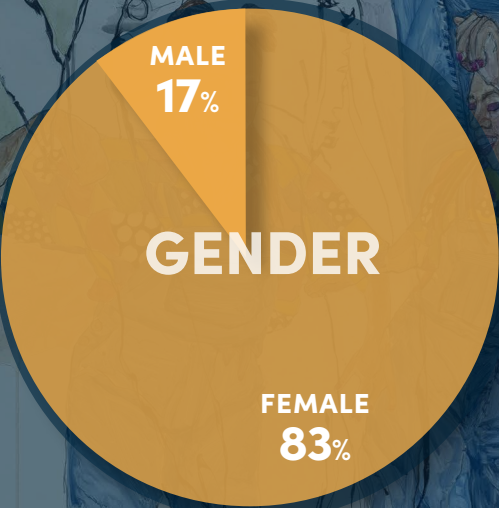
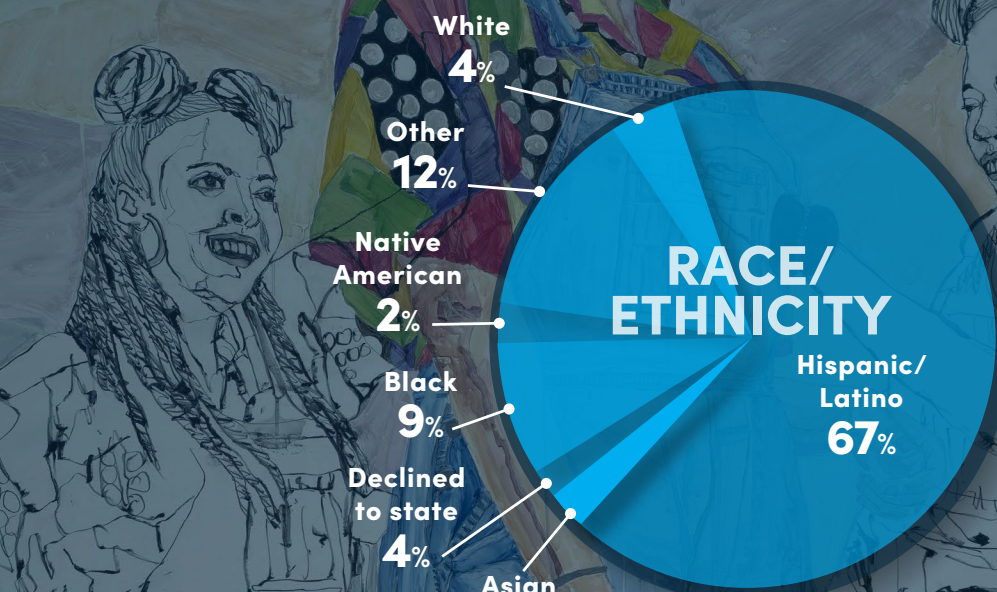
## ACCESS TO CARE

- Partnered with Frontera Fund to provide health care at our Rio Grande Valley clinics at no cost to patients with low incomes.
- Provided health care vouchers to Center for Refugee Services, Empower House, SA Youth and Friendship of Women so their clients could visit Planned Parenthood South Texas for care at no cost to them.

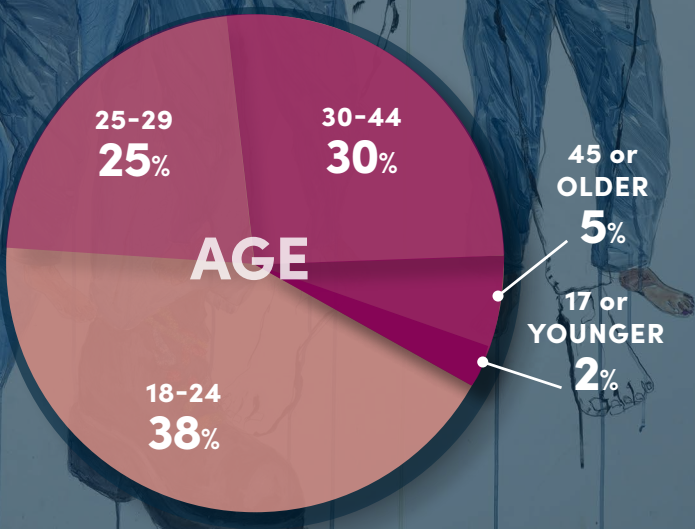
## COMMUNITY ENGAGEMENT

- Expanded our volunteer program, engaging 73 active volunteers who contributed 2,883 hours in activities such as tabling at community events, telling their story to show the impact of our work, taking shifts at the front desk, working as office aides, making period packs, and attending rallies and marches.
- Created our first book club in the Rio Grande Valley to discuss books about topics that affect our communities, with guest speakers from partners such as the Brownsville LGBTQ+ Task Force and Angry Tias and Abuelas.
- Raised more than \$5.4 million through 10,395 gifts from 2,475 known donors and countless unknown donors to support health care and education.
- Organized the Planned Parenthood South Texas Annual Luncheon featuring Stacey Abrams and Wendy Davis, setting a record for attendance and raising hundreds of thousands of dollars to support health care and education.





23,200 patients

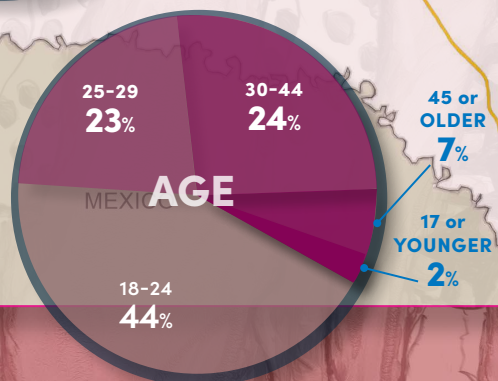
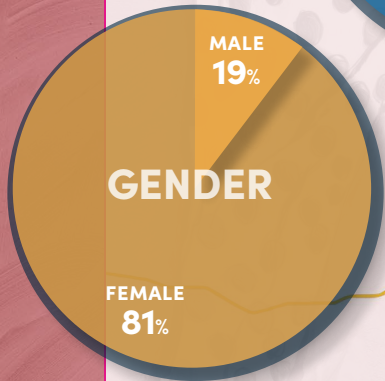
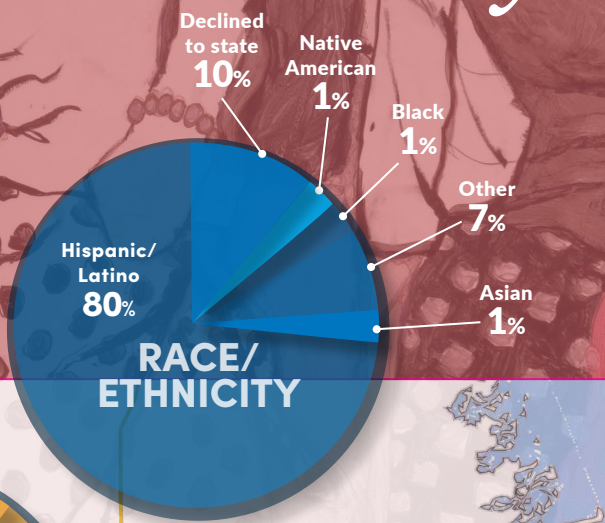


Race/ethnicity and gender are reported by patients based on how they identify.

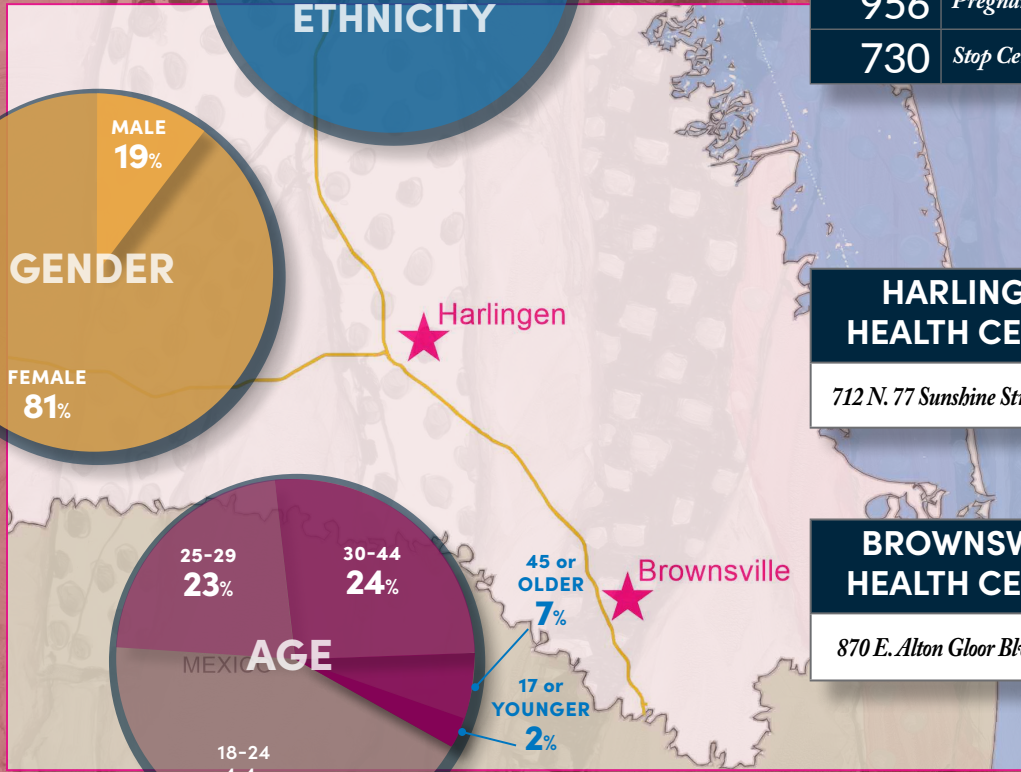
# Who we served in 2023

# Rio Grande Valley health centers

Race/ethnicity and gender are reported by patients based on how they identify.



2023 Highlights:	
4,245	Patients served
4,240	Units of contraception provided
6,011	Tests for sexually transmitted infections
1,779	Clinical breast and pelvic exams
956	Pregnancy tests
730	Stop Cervical Cancer tests & procedures

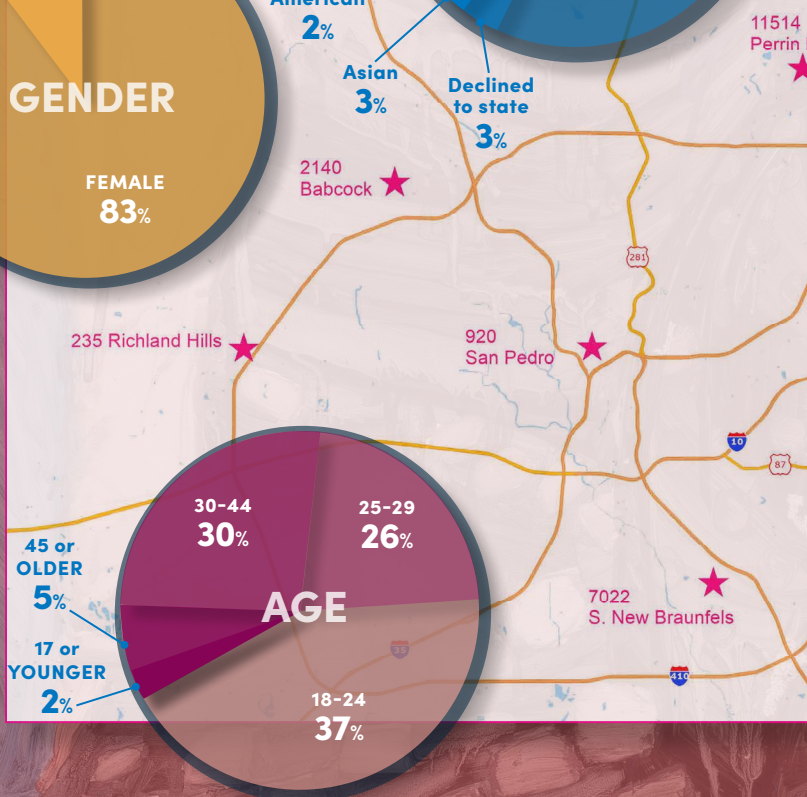
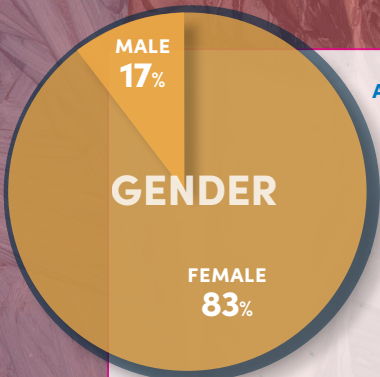
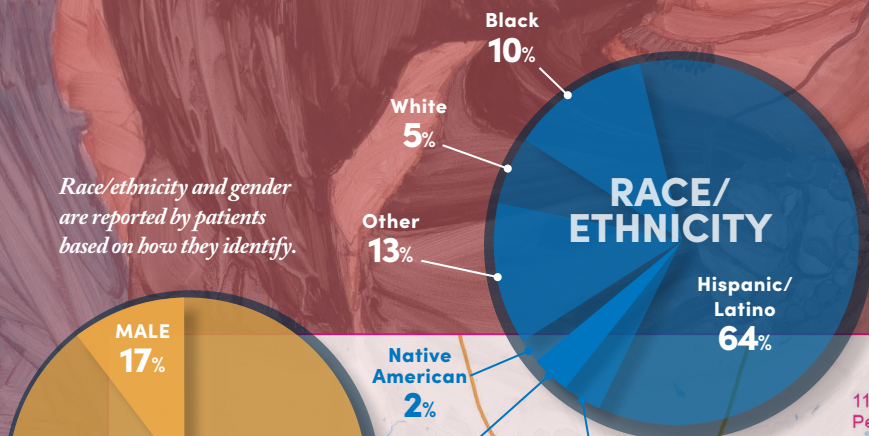


HARLINGEN HEALTH CENTER	PATIENTS SERVED IN 2023
712 N. 77 Sunshine Strip, Suite 18	2,347

BROWNSVILLE HEALTH CENTER	PATIENTS SERVED IN 2023
870 E. Alton Gloor Blvd., Suite B	1,898

# San Antonio health centers

Race/ethnicity and gender are reported by patients based on how they identify.



18,955	Patients served
11,039	Units of contraception provided
28,299	Tests for sexually transmitted infections
3,445	Clinical breast and pelvic exams
2,848	Pregnancy tests
1,996	Stop Cervical Cancer tests & procedures

SAN ANTONIO HEALTH CENTERS	PATIENTS SERVED IN 2023
235 Richland Hills*	4,219
2140 Babcock Road	4,164
920 San Pedro Ave.	3,832
7022 S. New Braunfels Ave.	3,512
11514 Perrin Beitel Road	3,228

\*Relocated from 8725 Marbach Road in April 2023



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