

Effects of Testosterone-based Therapy

Testosterone-based therapy is medicine that can be used as part of your gender transition process. Some of the changes may be permanent while others may be reversible and go away when medication is stopped.

Effect	Expected Onset	Expected Maximum Effect	Reversibility
Facial and Body Hair Growth	1-6 months	1-2 years	Permanent
Increased Muscle Mass and Strength	6-12 months *significantly dependent on amount and type of exercise	2-5 years	Reversible
Deepened Voice	3-12 months	1-2 years	Permanent
Cessation of Menstrual Periods	2-6 months	N/A	Reversible
Clitoral Enlargement	3-6 months	1-2 years	Permanent
Body Fat Redistribution	3-6 months	2-5 years	Reversible
Skin Oiliness/ Acne	1-6 months	1-2 years	Reversible
Male Pattern Baldness	>12 months	Variable	Permanent
Increased Sex Drive	Variable	Variable	Reversible