

Planned Parenthood of Greater Texas:

# November Connections

Welcome to the November edition of Planned Parenthood of Greater Texas' monthly newsletter. As a valued supporter, we would like to share the latest updates on the work you make possible at Planned Parenthood. We have also included important action alerts and upcoming events.



## HEALTHCARE

Because of you, Planned Parenthood of Greater Texas is proud to be a trusted resource for transgender patients on the spectrum of gender identity and expression for their sexual healthcare needs. With your generous support, Planned Parenthood is committed to expanding access and eliminating barriers to care for transgender Texans. Thank you for your support as we celebrate transgender health and awareness month, and thank you for entrusting care to Planned Parenthood.



## GIVING TUESDAY

Giving Tuesday is a day dedicated to unleashing the power of generosity. On Tuesday, November 29, let's come together to transform the communities we serve, and help Planned Parenthood do even more good in our communities. Let's lift up the Planned Parenthood mission - Care. No matter what.



## EDUCATION

Through a grant from Planned Parenthood Federation of America, clients who give birth at an El Paso birth center, Luna Tierra, receive birth control education developed by PPGT health educators. This education partnership enables midwives to empower their clients in the post-partum period to choose the contraceptive method that is right for them so they can plan and space their pregnancies. In El Paso, informing people of their birth control options is transformative work that addresses a major gap in existing health education.



## A NEWS CONNECTION

### DOCTORS TESTIFY IN U.S. CONGRESS THAT ABORTION BANS PREVENT THEM FROM CARING FOR PATIENTS IN NEED.

Dr. Bhavik Kumar, medical director for primary and trans care at Planned Parenthood Gulf Coast in Houston, told lawmakers, "Unlike the people who pass abortion bans, or uphold them in court, I actually have to face those who are harmed."

Kumar gave examples that included victims of rape and incest, women who are already mothers and struggling to make ends meet by working multiple jobs, college students "with their whole lives ahead of them" and women who became extremely sick during pregnancy.

## TAKE ACTION:

Did you know we have an election coming up in Texas? There are so many urgent issues at stake in this election, and it is incredibly important that we all make our voices heard! Pledge to vote and urge friends and family to get to the polls this election.

- Early Voting: October 24th through November 4
- Election Day: November 8

**YOUR VOTE.  
YOUR FUTURE.  
PLEDGE TO VOTE.**



## Transgender Health and Awareness Month

With your support, we offer sexual healthcare and Gender Affirming Hormone Therapy for transgender patients. Appointments provided include Transgender Female (MTF) Hormone Therapy including estrogen and spironolactone and Transgender Male (FTM) Hormone Therapy including testosterone. Because y'all means all. All are welcome here.

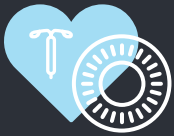
# 100%

Planned Parenthood health center staff trained to provide inclusive healthcare and education to LGBTQ+ patients

# 3,541

In 2021, 3,541 hormone therapy appointments at Planned Parenthood of Greater Texas health centers.

### Our most common services provided are:



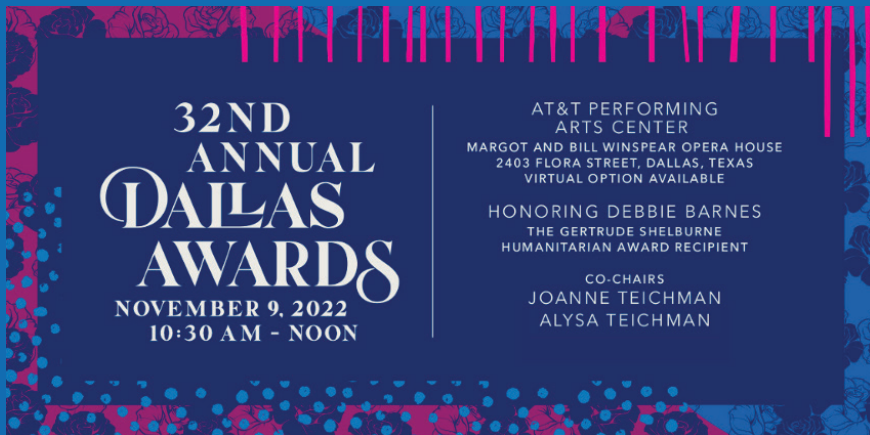
Birth control to help patients plan and space their pregnancies.



Testing and treatment for STIs, HIV tests, and PrEP and PEP.



Lifesaving breast and cervical cancer screenings.







### ANNUAL DALLAS AWARDS

Join us on November 9th for the 32nd Annual Dallas Awards! Your support ensures that Planned Parenthood of Greater Texas continues to provide essential, life-saving healthcare and education in our community. Our special event will feature mission-focused inspiration and the opportunity to gather with like-minded friends. Whether you plan to attend in person or virtually, we look forward to coming together to support those who rely on Planned Parenthood, no matter what.

### WAYS TO GIVE

Would you like to continue supporting high-quality healthcare services and sex education programs for generations to come? Contact Shawn Wills, Chief Development Officer, at (214) 363-3505 or [shawn.wills@ppgt.org](mailto:shawn.wills@ppgt.org) if you want to learn how a legacy gift to Planned Parenthood can ensure your commitment to high-quality care for all continues.

### Your gift of:

-  **\$1,000** reduces sexually transmitted infections through testing and treatment for six patients
-  **\$500** offers one patient peace of mind with pre- (PrEP) or post- (PEP) exposure HIV preventive medication
-  **\$200** empowers one teen with honest, inclusive sex education
-  **\$100** keeps communities healthy through the distribution of 500 condoms

If you have a question or if you want to learn more, please contact the Development Office at (214) 254-3017 or email us at [development@ppgt.org](mailto:development@ppgt.org).

