



Planned Parenthood of Northern New England
NEWS SOURCE
SPECIAL DEFUNDING EDITION

**LETTER FROM PRESIDENT
 & CEO MEAGAN GALLAGHER**

Dear Friends,

I want to start out by saying **THANK YOU for standing with PPNNE**. Your support is critical to keeping our services affordable and accessible for the 45,000+ patients we see each year.

We're sending this special edition of *News Source* to you now because, despite massive opposition, **the Trump-Pence administration has released the Gag Rule** that undermines Title X, the nation's program for affordable reproductive health care. The Gag Rule makes it illegal for health care providers in the program, like PPNNE, to refer patients for an abortion. This prevents Planned Parenthood from accepting this vital funding for the first time ever.


These rule changes are not about keeping women healthy. They are not about helping families. They are not medically sound. They are not economically prudent for our region - or our country. They are political and will prevent access to essential care.

The administration has put providers like Planned Parenthood in an impossible position - withhold information from patients or get pushed out of a program designed to ensure that all people can access birth control, STI testing, cancer screenings, and other reproductive health care. However, with your help, **OUR DOORS WILL STAY OPEN**.

We are committed to offering the full range of reproductive health services for all - especially for those who can't afford it on their own.

I am asking you to stay committed as well. We simply cannot provide services without you.

We hope you find this special edition of *News Source* helpful. As always, if you have questions, comments, or other thoughts, I hope you'll be in touch with us at supportus@ppnne.org.

Onward together,

 Meagan



**STAY
 CONNECTED
 TO PPNNE**


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Planned Parenthood of Northern New England
 Serving Maine, New Hampshire, and Vermont

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supportus@ppnne.org
www.ppnne.org/annualfund
 1-800-287-8188 ext 9704

WE ARE STRONGER TOGETHER

TITLE X MAKES A DIFFERENCE



MAINE

22,500 individuals receive Title X care annually

RESULTING IN:

- **4,800** unintended pregnancies avoided
- **1,700** fewer abortions



NEW HAMPSHIRE

19,400 individuals receive Title X care annually

RESULTING IN:

- **4,300** unintended pregnancies avoided
- **1,600** fewer abortions



VERMONT

8,700 individuals receive Title X care annually

RESULTING IN:

- **1,900** unintended pregnancies avoided
- **700** fewer abortions



NATIONALLY

4.1 MILLION individuals receive Title X care annually

RESULTING IN:

- **903,900** unintended pregnancies avoided
- **326,000** fewer abortions

WHAT IS TITLE X?

Over the last year, and especially in the last few weeks, you've probably seen stories about Title X, Planned Parenthood, and the "Gag Rule".

Established in 1970, Title X is the only federal program dedicated to birth control access.

Title X funding helps ensure that **every person** – regardless of where they live, how much money they make, their background, or if they have health insurance – has access to basic, preventive sexual and reproductive health care like:

- **Wellness Exams**
- **Life-saving Cervical and Breast Cancer Screenings**
- **Birth Control**
- **Contraception Education**
- **Testing and Treatment for Sexually Transmitted Diseases (STDs) and HIV Testing**

We all know that access to affordable sexual and reproductive health care keeps our friends, our neighbors, and ourselves healthy. Being able to stay healthy and plan families gives women a pathway to greater opportunities in life and Title X is an important safety net for people who would otherwise go without health care. This includes communities of color and people with low incomes, two groups that historically face more barriers to care and are less likely to have health insurance.

In addition, Title X funding just makes good sense (and cents!).

For **every dollar invested** in publicly funded family planning programs like Title X, **the government saves \$7.09** in Medicaid-related costs - adding up to an estimated **\$13.6 billion** annually.

WHAT IS THE GAG RULE?

On February 22, 2019, the Trump-Pence Administration finalized changes to Title X that:

- **makes it impossible for Title X patients to get birth control or preventive care from reproductive health care providers like Planned Parenthood.**
- **prevents doctors, nurses, hospitals, and community health centers across the country from being able to refer their patients for abortion.**
- **removes the guarantee that patients receive full and accurate information about their health care from their doctor.**



The American College of Obstetricians and Gynecologists (ACOG), the American Academy of Pediatrics (AAP), the American College of Physicians (ACP) and other Medical Professionals oppose this rule.

PPNNE cannot ethically provide the full range of expert, non-judgmental, and unbiased health care that our patients expect under the Gag Rule conditions that the Trump-Pence Administration has imposed. **Without Title X funding, PPNNE will need to secure an additional \$1 million a year until a new administration is in place.**

WHY IT MATTERS

Last year, PPNNE served **more than 45,000 patients** at our 21 health centers across Maine, New Hampshire, and Vermont. More than half of these patients had low incomes, and many relied on Title X funding in order to receive the care they needed.



64% of our patients had low incomes.*

45,126
total patients

67,651
total visits



* Low-income is defined as less than twice the Federal Poverty Level, or \$24,280 for a household of 1.



**IT IS LIFE-
SAVING &
LIFE-CHANGING
CARE**

"Planned Parenthood has helped me to become the person I am today within my career and educational goals. Their services allowed me to continue my education and complete my Bachelor's degree. They have also allowed me to maintain clean and healthy relationships with STD testing and birth control options. I would not have the options and advancement that I have without their services. I am truly grateful towards them for all they have done for me and my future. They have given me affordable options and services to ensure that I am healthy."

**- PPNNE
PATIENT**

WE NEED YOU MORE THAN EVER

PPNNE is committed to delivering the full range of sexual and reproductive health care services grounded in medical ethics and standards, which include safe, legal, and constitutionally-protected abortion.

We would never jeopardize the care our patients receive by limiting the information our doctors, nurses, and clinicians provide.

The Gag Rule means PPNNE will need to secure an additional \$1 million annually, so we are asking for your help to protect access for our patients.

HERE'S WHAT YOU CAN DO:



Make a **DONATION**

4 WAYS YOU CAN DONATE TO PPNNE

1. Make a gift or sign up to be a monthly Sustainer using the enclosed envelope.
2. Make your gift online at www.ppnne.org/annualfund or over the phone at 1-800-287-8188 ext 9704.

3. Make a gift of stock - contact Jennifer Long, Director of Development Operations, at jennifer.long@ppnne.org.

4. If you are over the age of 70 ½, you can make a gift from your IRA. Call us for details at 1-800-287-8188 ext 9704.



Become a **PATIENT**

We provide the highest quality, expert care. Call 1-800-230-7526 to schedule an appointment.



Share your **STORY**

Why do you support PPNNE? Tell us at supportus@ppnne.org.



Get **INVOLVED**

Visit www.ppnne.org/getinvolved to see other ways to stand with Planned Parenthood of Northern New England.



YOUR SUPPORT MAKES IT ALL POSSIBLE

Thanks to our generous supporters we were able to **provide \$8.3 million worth of discounted and free care last year.**