

Our team of caring health professionals answers your questions and addresses your concerns with understanding and respect.

At Planned Parenthood Hudson Peconic you get:

Safe Space

We respect and honor all people regardless of age, race, religion, gender identity, sexual orientation, ethnicity, socio-economic background, and immigration status.

High-Quality Health Care

Nonjudgmental professional treatment is provided in a comfortable setting. Our team is dedicated to providing the highest quality care for you and your family.

Convenience

Same day appointments are available for many of our services.

Individual Attention

Our patients come from diverse social and economic backgrounds, and all get the individual attention they deserve. If you need a referral, we put you in touch with outside service providers including physicians, nutritionists, public and private agencies, clergy, and therapists.

Affordability

We welcome patients of all income levels and provide high-quality care at affordable prices. Medicaid and many private insurance plans are accepted. Fees for most of our services are based on a sliding scale tied to income and family size.

Privacy

When you talk to us, it's confidential.

For Free. For Real.

New York State's Family Planning Benefit Program offers **FREE** annual gynecological exams, birth control, family planning counseling, and more, for family planning patients who meet income and residency requirements, complete an application, and provide documentation.

To schedule an appointment, visit www.pphp.org or call 800-230-PLAN. Many appointments are available the same or next day.

ADMINISTRATIVE HEADQUARTERS

570 Taxter Road, Elmsford, NY
(914) 467-7300

SUFFOLK REGIONAL OFFICE

70 Maple Avenue, Smithtown, NY
(631) 361-7526

HEALTH CENTERS

Suffolk County

Huntington 755 New York Avenue, 3rd Floor

Patchogue 450 Waverly Avenue

Riverhead 877 East Main Street, Suite 109

Smithtown 70 Maple Avenue

West Islip 180 Sunrise Highway

Westchester

Mount Vernon 6 Gramatan Avenue, 4th Floor

New Rochelle 150 Lockwood Avenue

White Plains 175 Tarrytown Road

Yonkers 20 South Broadway, 11th Floor

Rockland County

Spring Valley 25 Perlman Drive, 2nd Floor



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HudsonPeconic



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PPHPHealth

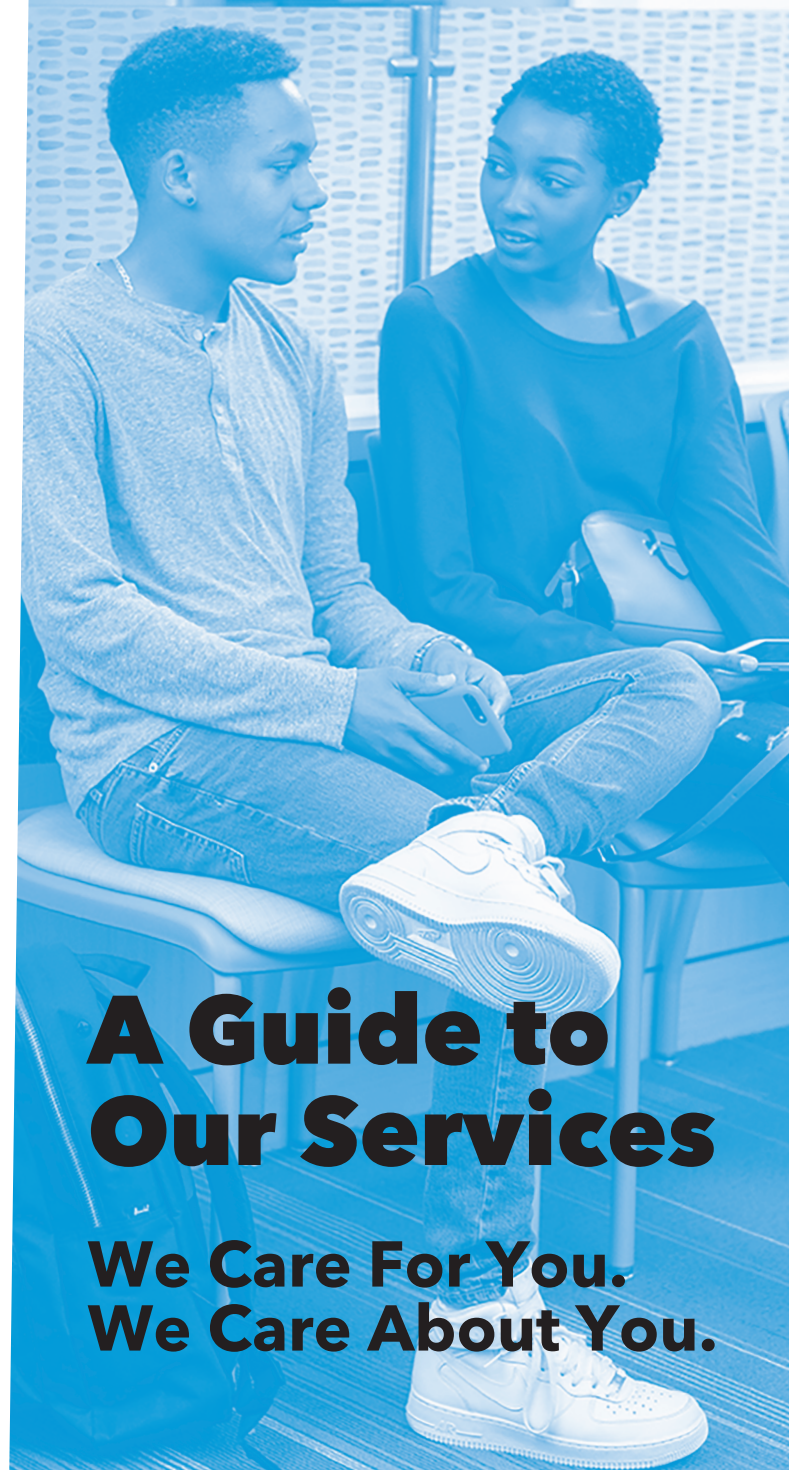


Planned Parenthood Hudson Peconic

Planned Parenthood Hudson Peconic (PPHP) is licensed by the New York State Department of Health and provides reproductive health and education services.



Planned Parenthood Hudson Peconic



**A Guide to
Our Services**

**We Care For You.
We Care About You.**



Patient Services

Birth Control We provide many forms of birth control (prescription and non-prescription), including intrauterine contraceptive device, implant, shot, pill, patch, vaginal ring, condoms, and information on fertility awareness methods and abstinence. Certain methods of birth control can be prescribed without a pelvic exam.

Emergency Contraception You can prevent pregnancy for up to 5 days after unprotected sex. Emergency contraception (EC) is a safe and effective way to reduce the risk of pregnancy after unprotected intercourse. The sooner EC is taken after unprotected intercourse, the more effective it is. EC can be purchased at our health centers.

Pregnancy Testing & Options Counseling Pregnancy testing is available. Our specially trained medical staff will answer all your questions about the results of your test, discuss your options, and provide information and referrals.

Abortion Care We provide abortion services in a caring, comfortable environment. We offer medication and in-clinic abortion services. Ask our staff about abortion options, fees, and where services are available.

Prenatal Care Our prenatal program includes regular checkups, nutritional counseling, parenting information, and information from our social workers. For expectant mothers who are eligible, we will help you enroll in Medicaid for Pregnant Women. Our patients deliver at local hospitals.

Gender Affirming Care We provide gender affirming hormone therapy for transgender and gender expansive people. We provide this service to those who are age 17 and over and we do not require a mental health clearance prior to initiating hormones.

Gynecological Care A comprehensive gynecological exam is your first and best defense against many life-threatening illnesses. An exam may include screening for cervical cancer (Pap test), breast cancer, and sexually transmitted infections (STIs).

STI Testing & Treatment Education on effective STI prevention, as well as screening, testing, and treatment for the most common STIs (chlamydia, gonorrhea, herpes, HPV, and genital warts) is offered. We also test for syphilis and hepatitis B and C. Some STI screenings are available without an exam. With early detection, most STIs can easily be treated with antibiotics.

HIV Testing & Treatment With Rapid HIV testing, you can have your results in minutes. Treatment can be initiated if a patient receives a positive result.

PrEP & PEP PrEP, Pre-Exposure Prophylaxis, is a daily pill that can help you prevent HIV. PEP, Post-Exposure Prophylaxis, can help protect you if you had anal or vaginal sex without a condom with someone who has, or might have, HIV.

Gardasil® HPV Vaccine We offer Gardasil®, to protect young people, age 9 through 26, against human papillomavirus (HPV). HPV can cause changes in the cervix, including genital warts and cervical cancer. For maximum protection, the vaccine should be given before becoming sexually active.

Vasectomy Care Vasectomies are extremely safe, and we offer the No-Scalpel Vasectomy technique for a quicker recovery and fewer complications.

Menopause Management Services Along with standard gynecological care, mid-life services include menopause counseling, temporary hormone therapy, guidance on general health and well-being, and referrals for mammograms and bone density scans.

Health Services for Teens Teens are always welcome at our health centers. Although we encourage you to involve your parent, guardian, or trusted adult, it is not required and you will receive confidential care.

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