



With abortion bans being implemented in more than twenty states and millions of people losing access to care, Massachusetts has the opportunity – and the obligation – to be a leader in sexual and reproductive health care.

LEVERAGING OUR EXPERTISE

The ASPIRE Center for Sexual and Reproductive Health conducts groundbreaking research, professional education, and clinical training to advance excellence and equity in sexual and reproductive health at the local and national level. ASPIRE leverages a broad range of partners in this work: academic institutions, teaching hospitals, health care professionals, social service and community-based organizations, schools, educators, and peer institutions.



ASPIRE

ADVANCING SCIENCE AND PRACTICE THROUGH INNOVATIONS IN RESEARCH AND EDUCATION

Launched in 2022, the ASPIRE Center unites PPLM's research, professional education, and clinical training work and has already been awarded over \$1 million in grants to:

Conduct research into the impacts of abortion bans on patients traveling to Massachusetts post-*Dobbs*

Launch a first-of-its-kind advanced practice clinician residency in reproductive health care to grow the abortion-provider workforce

Expand our nationally recognized *Get Real: Comprehensive Sex Education That Works* curricula and professional training programs to students, teachers, trainers, and communities across the country.

OUR IMPACT

As one of the only Planned Parenthood affiliates that conducts clinical, social science, and legal research, PPLM's work is helping to improve health care access and create more just and equitable policies locally and nationally.

- 1 Improving access to medication abortion by exploring different routes of medication administration, and expanding the pool of patients eligible for this safe and effective service.
- 2 Studying cervical cancer screening devices;
- 3 Widening access to contraception and mitigating contraceptive side effects; and
- 4 Identifying the most effective methods of pain control during abortion and IUD procedures.
- 5 Reducing barriers to abortion for young people by demonstrating the delays and other harm caused by parental involvement laws and the judicial bypass process.

PPLM currently provides clinical trainings on:

- surgical abortion for OB/GYN fellows;
- medical abortion training for family doctors and nurse practitioners;
- long-acting reversible contraception training for doctors and advanced practice clinicians; and
- ultrasound skills training for emergency room residents.


ACCOMPLISHMENTS


2022

ASPIRE was awarded funding from the Massachusetts Department of Public Health to launch a **Sexual and Reproductive Health (SRH) Residency Program for Advanced Practice Clinicians (APCs)**, which will train physician assistant and nurse practitioner graduates on medication abortion and other sexual and reproductive health care provided by PPLM.

2023

***Get Real: Comprehensive Sex Education That Works* curriculum was taught in 44 states and 6 countries** reaching over 310,000 students in FY23 and is now offered in English and Spanish.

PPLM was awarded a 5-year federal grant to evaluate our ***Get Real* high school sexuality education curriculum, in collaboration with Planned Parenthood Greater Ohio**, who is implementing the curriculum in the Cleveland Metropolitan School District. 

ASPIRE conducted legal and policy research to meet the challenges of providing care and sex education in the post-*Dobbs* environment. The Minor Abortion Access Research and Advocacy Project (MAARAP) evaluates the abortion rights of minors across all 50 states, with a specific focus on how parental involvement laws, travel bans, and shield laws interact. 

2024

ASPIRE's national analyses of state abortion laws and sex education policies in the post-Roe era are providing essential data for advocates in Massachusetts and beyond to push for better policies.