

Most insurances, any questions, and **ALL** people welcome.

At Planned Parenthood Gulf Coast, your health and wellness are our top priorities. So, whether you have insurance or not, we're here to answer any questions you have about your sexual and reproductive health.

WE TALK TO PATIENTS ALL DAY, EVERY DAY. AND WE LISTEN.

We know you want to take care of your health, but sometimes you aren't sure about when or why to go to a doctor or what to expect when you get there. We also know you may have experienced providers who don't take your concerns seriously, rush you through your visit, or maybe even make you feel ashamed of your decisions.

Taking care of reproductive and sexual health care might not be your favorite thing to do. That's okay – it's our favorite thing to do.

For more than 85 years, we have made it our mission to not only protect your health care rights, but also ensure your health care experience at Planned Parenthood is educational, empowering, and judgment-free. Most insurance, any questions, and all people are welcome at our health centers.

WHAT YOU CAN EXPECT AT A PLANNED PARENTHOOD GULF COAST APPOINTMENT:

A friendly, caring environment with compassionate health care experts. A place where no question is off-limits and there's no room for shame or judgment.

THERE ARE NO BAD QUESTIONS.

Reproductive health care can be confusing! When are you due for important screenings? How often do you need to get tested for STIs? Do you need to take birth control pills at the same time every day? We're ready to answer.

YOU ARE IN CHARGE OF YOUR APPOINTMENT.

We will give you information, options, and guidance on the current best medical practices so YOU can make the best choices. Our health care experts will explain procedures each step of the way.

YOU ARE UNIQUE, AND SO ARE YOUR HEALTH CARE NEEDS.

It's our job to meet you where you are, no matter what. Our team is ready to meet your needs with interpreters, accommodations, and trauma-informed care to create a compassionate, inclusive environment for all people, every time.

Book your appointment today
at ppgulfcoast.org/wellness

**WELL & WISE
STI TESTS
BIRTH CONTROL
ANNUAL EXAM
UTI TREATMENT
PAP TEST
CANCER SCREENINGS
BREAST EXAM**

Your **wellness** is in
everything we do.



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