SEX EDUCATION BINGO!

To play, mark off each topic that you learned in your school-based sex education.

In Sex Education, I learned about:

How to treat others with respect	How to prevent unintended pregnancy	What to expect during puberty	How my relationships will change as I get older	How to identify a trusted adult to go to for questions and help
Gender stereotypes	The many forms bullying can take	How I can help make my classmates feel safe at school	What STDs are and how they are passed from one person to another	How alcohol and drugs can change the way I think
How everyone has a sexual orientation and gender identity	How to say no to something I don't feel comfortable doing	FREE SPACE	How to own decisions about my body and respect other people's decisions about theirs	How to correctly use a condom
How to decide if a friendship is healthy	The different pieces to people's identity	How to safely help if you see someone being bullied	Emergency contraception and when to use it	What information I can trust online
Different ways to talk about consent	How to be safe on social media	How pregnancy happens	Abstinence as an option in reducing risk of STDs and pregnancy	How to set boundaries and communicate them



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In Sex Education, I learned about:

What to do if I find out I'm pregnant	Emergency contraception and how to use it	How gender stereotypes can hurt everyone	How to correctly use a condom	All contraceptive options, including things like abstinence, the pill, and the IUD
The diverse ways people identify their sexual orientation	Why consent is important and how to talk about it	Symptoms and treatment of STDs	The importance of STD testing and where to go for it	How to use technology and social media in healthy relationships
What a healthy relationship looks like	How to advocate for myself and others to be heard, safe, and respected	FREE SPACE	How to communicate personal boundaries in my relationships and friendships	The difference between sex, gender identity, and gender expression
Safer sex options to reduce the risk of unplanned pregnancy and STDs	Laws about reproductive and sexual health	How to have hard conversations including safer sex	All of my pregnancy options including parenting, abortion, and adoption	Ways that the people around me have shaped my views on sex and relationships
How to access trusted resources when I have questions about sexual health	Positive body image and how those around us affect how we feel about ourselves	How to make the best decisions for myself around sexual health	What an unhealthy relationship looks like	Why a person who has been raped or sexually assaulted is not at fault

