

# Kentucky Gender-Affirming Care Resources

## How to use this guide

This document contains Kentucky-specific information to connect transgender and nonbinary individuals with medical, behavioral, financial, community, family, legal, educational, and other resources.

Use the clickable table of contents to navigate to the area in which you are searching. This document also contains a “statewide” resource section with community organizations, telehealth options, pharmacy options, and Medicaid and PrEP information.

**If you are looking for a specific type of resource, use ctrl+f to search for a keyword in the document.**

### CENTRAL KENTUCKY

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- Surgical Care

### WESTERN KENTUCKY

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- Care for Minors

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- PrEP Information
- General Support & Resource Provision
- Financial Support
- HIV Care
- Domestic Violence Resources
- Housing Support
- Legal Support/Advocacy
- Peer/Social Support
- Family and Youth Support
- Education/Career Resources



Other

## CENTRAL KENTUCKY

### Healthcare

- **University of Kentucky (Transform Health Program)**
  - Services: primary care, PrEP, HRT, surgery referrals, gender-affirming care and referrals for all ages, mental health referrals
  - Phone: 859-323-6371
  - Website: <https://ukhealthcare.uky.edu/services/transform-health-services>
    - **Turfland** (central clinic), 859-323-6371
    - **Phyllis D. Corbitt Community Health Center** (Wilmore, KY), 859-323-0339
    - **University Health Service** (UK), 859-323-2778
    - **Surgery partners** – gender-affirming gynecology, plastic surgery, ENT, urology surgical referrals: <https://ukhealthcare.uky.edu/primary-care/types-of-primary-care/transform-health/surgery-partners>
- **Baptist Health Primary Care** (multiple providers, multiple locations all over KY)
  - Phone: 502-896-5000
  - Website: [https://www.baptisthealth.com/provider/results?keyword=LGBTQ%20health&keywordType=clinical\\_keywords&page=1](https://www.baptisthealth.com/provider/results?keyword=LGBTQ%20health&keywordType=clinical_keywords&page=1)
- **University of Louisville**
  - Primary care, HRT, support and education
  - Phone: 502-588-4600
  - Website: <https://louisville.edu/medicine/departments/medicine/divisions/endocrinology/patient-care/transgender-care>
- **Norton Healthcare**
  - HIV management, STI screenings, primary care, PrEP, HRT management
  - Phone: 502-456-7047
  - Website: <https://nortonhealthcare.com/patient-resources/lgbtq-inclusion-resources/>
- **Nightingale Healthcare**
  - Berea, KY
  - Psychological assessment, psychiatry, HRT, STI screening
  - Phone: 859-756-3630
  - Website: <https://nghealthcareberea.com/>



## Care for Minors

- **Cincinnati Children's Transgender Health Clinic**
  - Menstruation control/birth control, family support and education, psychologist referrals, puberty blockers, HRT
  - Phone: 513-536-4681
  - Website: <https://www.cincinnatichildrens.org/service/a/adolescent-medicine/programs/transgender>
- **University of Kentucky (Transform Health Program)**
  - Primary care, PrEP, HRT, surgery referrals, gender-affirming care and referrals for all ages, mental health referrals
  - Phone: 859-323-6371
  - Website: <https://ukhealthcare.uky.edu/services/transform-health-services>
    - **Turfland** (central clinic), 859-323-6371
    - **Phyllis D. Corbitt Community Health Center** (Wilmore, KY) 859-323-0339

## Surgical Care

- **University of Kentucky Healthcare**
  - Top surgery only
  - Website: <https://ukhealthcare.uky.edu/aesthetics-center/surgical-treatments/gender>
- **First Urology**
  - Bottom surgery – not accepting new consults until 2025
  - Phone: 812-282-3899

## WESTERN KENTUCKY

### Healthcare

- **Baptist Health**
  - Specialty and primary care, gynecology, internal medicine
  - Madisonville, KY: 270-825-7377
  - Benton: 270-415-7070
  - Calvert City: 270-415-7780
  - Paducah: 270-575-1010
  - Website: <https://baptisthealthdeaconess.com/>
- **Forte Family Practice**, Benton, KY
  - Phone: 270-387-7001, no website
- **Mercy Health, Lourdes Hospital**
  - Paducah, KY



- Phone: 270-444-2444
- [www.mercy.com/locations/hospitals/paducah/lourdes-hospital](http://www.mercy.com/locations/hospitals/paducah/lourdes-hospital)

## Care for Minors

- **Mercy Health, Lourdes Hospital**
  - Phone: 270-444-2444
  - Website: <https://www.mercy.com/locations/hospitals/paducah/lourdes-hospital>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Folx Health** (Telehealth only – insurance not accepted for appointments)
  - Website: <https://www.folxhealth.com/>
- **Plume**
  - (Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership)
  - Website: <https://getplume.co/map/gender-affirming-hormone-therapy-in-kentucky/>
- **Trans CLINIQUE**
  - (Insurance & no insurance options, monthly membership)
  - Website: <https://transclinique.com/>
- **True U Clinic** (Does not accept insurance, patients are self-pay)
  - Phone: 888-292-0799
  - Website: <https://trueuclinic.com/kentucky/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in KY
  - Offers gender-affirming care, sexual wellness, and other medications
  - Website: <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - Offers gender-affirming care, specialty fertility care, and other medications
  - Website: <https://newerapharmacy.com/>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Gender-affirming health explicitly excluded by Kentucky state medicaid.
  - <https://www.lgbtmap.org/img/maps/citations-medicaid.pdf>
  - <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/kentucky/>
- See state and national financial support resources.



## PrEP Information

- **Insurance Coverage:** Kentucky Medicaid does not require a prior auth for generic Trueda but does require PA for Descovy and Apretude.
  - Indiana PrEP Medication Assistance Program: <https://prepdaily.org/>
- **Med Management Support:**
  - **HIV Care Coordinator contact info by region:**  
<https://www.chfs.ky.gov/agencies/dph/dehp/hab/Documents/CareCoordinatorRegions%26Contacts2023.pdf>

## General Support & Resource Provision

- **Trans Health Advocacy Program** (Kentucky Health Justice Network) – Advocacy, emotional support, insurance navigation, financial support, community provider education
  - Website: <https://www.kentuckyhealthjusticenetwork.org/transhealth.html>

## Financial Support

- **Trans Health Advocacy Program** (Kentucky Health Justice Network) – Offers financial assistance for gender-affirming items and care
  - Website: <https://www.kentuckyhealthjusticenetwork.org/transhealth.html>
- **JustFund Kentucky** – LGBTQ+ events and grants
  - Website: <https://justfundky.org/>

## HIV Care

- **Kentuckiana AIDS Alliance**
  - Connects HIV/AIDS nonprofit supports in Kentuckiana
  - Website: <https://www.kentuckianaaidsalliance.org/>
- **LivWell Community Health Service, Paducah, KY**
  - HIV prevention, medical care, case management, mental health, housing, nutrition resources
  - Phone: 270-444-8183
  - Website: <https://livwellchs.org/>

## Domestic Violence Resources

- **Statewide survivor resources list**
  - Website: <https://www.sos.ky.gov/safe-at-home/Pages/Survivor-Resources.aspx>

## Housing Support

- **KY HUD Exchange**



- LGBTQ+ housing resources and initiatives
- Website: <https://www.hudexchange.info/homelessness-assistance/resources-for-lgbt-homelessness/#program-guidance-and-equal-access-rule>

## Legal Support/Advocacy

- **The Fairness Campaign**
  - Kentucky's LGBTQ+ advocacy organization
  - Website: <https://www.fairness.org/>
- **Alford Law Office**
  - Legal name change support
  - Phone: 270-538-5364
  - Website: <https://www.alfordlawoffice.com/abbie>

## Peer/Social Support

- **Louisville Pride Foundation**
  - Social and community events, local LGBTQ+ community center
  - Website: <https://louprideky.org/>
- **Lexington Pride Center**
  - Social and community events, local LGBTQ+ community center
  - Website: <https://www.lexpridecenter.org/>
- **Kentucky Black Pride**
  - Social and community events promoting visibility for Black LGBTQ+ Kentuckians
  - Facebook: <https://www.facebook.com/kentuckyblackprideinc/>
- **TransKentucky**
  - Social support and resources for trans Kentuckians
  - Website: <https://www.transkentucky.com/>
- **Nonbinary Collective Kentuckiana**
  - Social support
  - Facebook: <https://www.facebook.com/groups/685259376057560/>
- **Kentuckiana Transgender Support Group**
  - Social support
  - Facebook: <https://www.facebook.com/groups/2062551337346988/>
- **Louisville Transmasculine Alliance**
  - Social support
  - Facebook: <https://www.facebook.com/groups/loutransmascalliance/>
- **Fem Club**



- Transfeminine social support based in Louisville
- Facebook: <https://www.facebook.com/groups/1333894330700723/>

## Family and Youth Support

- **PFLAG Louisville**
  - Family support and educational resources
  - Website: <https://pflaglouisville.org/>
- **Louisville Youth Group**
  - Social and educational programming for LGBTQ+ youth
  - Website: <https://louisvilleyouthgroup.org/>

## Education/Career Resources

- **Bluegrass LGBTQ+ Youth Leadership Scholarship**
  - \$2,500 toward any post-secondary education, open to graduating LGBTQ+ seniors in Anderson, Bath, Bourbon, Clark, Fayette, Franklin, Garrard, Harrison, Jessamine, Madison, Mercer, Montgomery, Powell, Scott, or Woodford counties
  - Website: <https://frontrunnerslex.com/scholarship/>
- **Bernard McKay Award of Excellence for LGBT Scholars** (Morehead State University)
  - Full-time incoming LGBTQ+ undergraduate students considered
  - Website: <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187651>
- **Hobbs Endowment for Equality** (Morehead State University)
  - Graduate and undergraduate LGBTQ+ students considered
  - Website: <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187639>
- **Darren Branham** (Morehead State University)
  - LGBTQ+ graduates of a Pike County high school considered
  - Website: <https://moreheadstate.awardspring.com/Home/ScholarshipDetails/187739>
- **Bruce and Margaret Lincoln Scholarship Fund** (PFLAG Louisville)
  - Open to LGBTQ+ Louisville students who are/will be enrolled in post-secondary education
  - Website: <https://pflaglouisville.org/scholarships/>

## Other

- **LGBT Center (University of Louisville)**
  - Support for LGBTQ+ students, faculty and staff
  - Website: <https://louisville.edu/lgbt>
- **University of Kentucky's LGBT Resources**
  - Website: <https://studentsuccess.uky.edu/lgbtq-resources>



- **Murray State University Pride Center**

- Website:

- [www.murraystate.edu/about/administration/StudentAffairs/departments/lgbt/index.aspx](http://www.murraystate.edu/about/administration/StudentAffairs/departments/lgbt/index.aspx)

