

Indiana Gender-Affirming Care Resources

How to use this guide

This document contains Indiana-specific information to connect transgender and nonbinary individuals with medical, behavioral, financial, community, family, legal, educational, and other resources.

Use the clickable table of contents to navigate to the area in which you are searching. This document also contains a “statewide” resource section with community organizations, telehealth options, pharmacy options, and Medicaid and PrEP information.

If you are looking for a specific type of resource, use ctrl+f to search for a keyword in the document.

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CENTRAL INDIANA

Medical Services

- **Eskenazi Health** (Indianapolis)
 - HRT, primary care, specialty care, surgery (see surgical section for provider info)
 - Phone: 317-880-6042
 - Website: <https://www.eskenazihealth.edu/health-services/gender-health>
- **Indy Healthnet**
 - Phone: 812-333-4001
 - Phone: 317-957-2500 (Southwest Health Center Location)
 - Website: www.indyhealthnet.org
- **Mosaic Health & Healing Arts**
 - Phone: 610-872-9101
 - Website: <https://mosaicmedicalcenter.org/>
- **NRI Clinic for Complimentary Medicine**
 - Phone: 317-575-1111
 - Website: www.nriclinic4health.com/
- **Coleman Center for Women**
 - Gynecology, IU affiliated
 - Phone: 317-944-8231
 - Website: <https://iuhealth.org/find-locations/university-obstetricians-gynecologists-coleman-center>
- **HerMD** (Medicaid, commercial ins)
 - Trauma-informed and gender-affirming gynecology, hysterectomy, oophorectomy, HRT
 - Website: <https://hermd.com/locations/carmel-in/>



- **Community Health Network**
 - Locations throughout IN
 - Specialty care, primary care, HRT, endocrinology
 - Website: <https://www.ecommunity.com/>

Fertility Preservation

- **Indiana Fertility Institute** (Carmel, IN)
 - Trans-affirming fertility preservation
 - Website: Fertilityindy.com
- **Midwest Fertility** (Carmel, IN)
 - Website: www.midwestfertility.com
- **Family Beginnings** (Indianapolis, IN)
 - Website: <https://ivf-indiana.com/>

Surgical Care

- **Indiana University Health** (*state and private insurances*)
 - Chest reconstruction, breast augmentation, orchiectomy, vulvoplasty, vaginoplasty, voice surgery, facial feminization surgery, metoidioplasty, phalloplasty, hysterectomy and oophorectomy
 - Phone: 317-450-4180 or 1-888-484-3258
 - Website: <https://iuhealth.org/find-locations>
- **Eskenazi Health** (*state and private insurances*)
 - Breast augmentation, mastectomy, hysterectomy, vaginoplasty, FFS
 - Website: <https://www.eskenazihealth.edu/>
- **Community Physician Network**
 - Breast augmentation
 - Website: www.ecommunity.com
- **Turkle & Associates** (*private pay only*)
 - Carmel, IN
 - Mastectomy
 - Website: <https://plastics.turklemd.com/>
- **Chernoff Cosmetic Surgery** (*private pay*)
 - Indianapolis
 - Mastectomy, breast augmentation, FFS
 - Website: <https://drchernoff.com/>



Care for Minors

- **Riley Children's Health** (*up to age 21*)
 - Website: <https://www.rileychildrens.org/departments/gender-health-program>
- **Community Health network**
 - Family medicine, pediatrics
 - Website: www.ecommunity.com

Aesthetics and Voice

- **IU Health Voice Center** (*Medicaid and commercial insurance + sliding scale options*)
 - Trans/GNC voice training
 - Carmel, IN
 - Website: <https://sphs.indiana.edu/clinics-and-services/speech-language-clinic/voice-speech-evaluation-clinic.html>
- **Community Health Network**
 - Noblesville
 - Physical Therapy and Rehab (offers gender-affirming voice therapy)
 - Website: <https://www.ecommunity.com/locations/physical-therapy-rehab-noblesville>
- **BSU Speech Pathology Clinic**
 - Muncie
 - Speech-language pathology, student provider option
 - Website: <https://www.bsu.edu/academics/centersandinstitutes/speechclinic>
- **IU Health Dermatology**
 - Indianapolis
 - Hair removal
 - Website: <https://iuhealth.org/find-medical-services/dermatology>
- **Advanced Aesthetics and Electrology**
 - Indianapolis
 - Hair removal
 - Phone: (317) 856-3906
- **Arborcrest Electrology and Northside Laser**
 - Indianapolis
 - Electrolysis
 - Website: <http://www.arborcrestelectrolysisindy.com/>
- **Chernoff Cosmetic Surgery Indianapolis**



- Indianapolis
- Hair removal
- Website: <https://drchernoff.com/non-surgical/>
- **Laser and Light Surgery Center**
 - Greenwood
 - Laser hair removal
 - Website: <https://laserandlightsurgery.com/laser-hair-removal/>
- **LightRx Indianapolis**
 - Laser hair removal
 - Website: <https://www.lightrx.com/locations/indianapolis/>
- **Milan Laser Hair Removal**
 - Plainfield
 - Laser hair removal
 - Website: <https://milanlaserindy.com/>
- **The New You**
 - Carmel, IN
 - Hair removal
 - Website: <https://thenewyouesthetics.com/>
- **Phases Skin Care and Laser**
 - Carmel, IN
 - Laser hair removal
 - Website: <https://phases skincare.com/>

Behavioral Health

- **Gender Nexus**
 - Care/letter coordination, resource referral
 - Phone: 317-650-5988
 - Website: <https://www.gendernexus.org/>
- **Transformations Counseling Services**
 - Trans-affirming counseling, letter writing
 - Website: <https://sites.google.com/transformationscounseling.services/transformationscounseling>
- **Indiana Youth Group**
 - Phone: 317-541-8726
 - Website: <https://www.indianayouthgroup.org/>
- **The Brave Life Therapy**



- Phone: 317-643-0507
- Website: <https://www.thebravelifetherapy.com/>
- **Soaring Heart Center** (Preferred contact is via their website)
 - Website: <https://www.soaringheartcenter.com/>
 - Phone: 317-896-0491
- **Bowen Center** (Multiple Locations throughout the state)
 - Phone: 260-471-3500
 - Website: <https://www.bowencenter.org/>
- **Community Health Network**
 - Indianapolis
 - Inpatient, crisis, and outpatient services for youth, adults, seniors
 - Website: <https://www.ecommunity.com/services/mental-behavioral-health>
- **Valle Villa Health System**
 - Greenwood
 - Inpatient, outpatient mental health and substance use treatment services for all ages
 - Website: <https://vallevistahospital.com/>
- **Sandra Eskenazi Mental Health Center**
 - Indianapolis
 - Adult outpatient and intensive outpatient mental health, outpatient art groups
 - Website: <https://www.eskenazihealth.edu/>
- **Hamilton Center**
 - Indianapolis
 - All ages outpatient, crisis diversion and intensive outpatient, case management, employment services, childcare
 - Website: <https://www.hamiltoncenter.org/locations/marion-county/>
- **Adult and Child Mental Health**
 - Indianapolis
 - Primary care psychiatry, community health and child welfare services
 - Website: <https://adultandchild.org/>
- **Options Behavioral Health System**
 - Indianapolis
 - Inpatient psychiatric hospital for mental health and substance use treatment
 - Website: <https://www.optionsbehavioralhealthsystem.com/>
- **Cummins Behavioral Health**
 - Indianapolis



- Community mental health and substance use treatment for all ages
- Website: <https://www.cumminsbhs.org/>
- **St. Vincent Stress Center**
 - Indianapolis
 - Substance use and mental health treatment, all ages
 - Website: <https://healthcare.ascension.org/locations/indiana/ineva/indianapolis-ascension-st-vincent-stress-center>

SOUTHERN INDIANA

Healthcare

- **ECHO Community Healthcare**
 - Phone: 8122-421-7486
 - Website: <https://www.echohc.org/>

Aesthetics and Voice

- **IU Voice & Speech Evaluation Clinic**
 - Bloomington
 - Gender-affirming speech-language pathology, student provider option
 - Website: <https://sphs.indiana.edu/clinics-and-services/speech-language-clinic/voice-speech-evaluation-clinic.html>

NORTHERN INDIANA

Healthcare

- **Mosaic Health & Healing Arts**
 - Goshen, IN
 - Phone: 574-537-2680
 - Website: <https://mosaichha.org/>
- **Community Health Network** (medicare, medicaid, commercial insurance)
 - Noblesville, IN and other locations
 - Primary and specialty care, gender-affirming gynecology, HRT, hysterectomy, oophorectomy, PrEP
 - Website: www.ecommunity.com

Aesthetics and Voice

- **IUSB Elkhart Speech-Language Clinic**
 - Elkhart, IN



- Gender-affirming speech-language pathology, student therapist option
- Website: <https://healthscience.iusb.edu/clinics/iusb-elkhart-speech-language-clinic.html>
- **Purdue Center for Voice**
 - West Lafayette
 - Gender-affirming speech-language pathology, student therapist option
 - Website: <https://www.purdue.edu/lgbtq/resources/transgender/index.php>

MULTIPLE LOCATIONS

Medical Services

- **Indiana University**
 - Website: <https://medicine.iu.edu/expertise/lgbtq-health/clinical-care>

TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Plume** **Estrogen+ only in Indiana at this time*
 - Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership)
 - Website: <https://getplume.co/map/gender-affirming-hormone-therapy-in-indiana/>
- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in IN
 - Offers gender-affirming care, sexual wellness, and other medications
 - Website: <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
 - Offers gender-affirming care, specialty fertility care, and other medications
 - Website: <https://newerapharmacy.com/>
- **Find a telehealth counselor:**
 - Website: <https://www.psychologytoday.com/us/therapists/indiana?category=transgender>
- **Online vocal coaching resources:**
 - **Musser Therapies** - Telehealth feminization
 - Website: <https://musservoices.com/>
 - **MyTransVoice** – Virtual coaching
 - Website: <https://mytransvoice.com/>
 - **The Voice Lab** – Virtual Coaching
 - Website: <https://thevoicelabinc.com/speech/>
 - **SpeechVoiceLab** – Free resources on transmasculine communication



- Website: <https://www.speechvoicelab.com/transmasculine-speakers>

OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

State-Specific Insurance Information (GAHC, PrEP)

State Medicaid coverage of gender-affirming care:

- Gender-affirming health care not explicitly covered by Indiana state Medicaid.
 - Indiana Medicaid provider directory: <https://www.in.gov/medicaid/members/member-resources/provider-directory/>
 - Current Indiana gender-affirming Medicaid regulations: <https://transhealthproject.org/resources/medicaid-regulations-and-guidance/indiana/no-policy/>
 - See state and national financial resources

PrEP Information

- **Insurance Coverage:** Indiana Medicaid covers routine HIV screenings and does not require prior auth for PrEP prescriptions.
 - Indiana PrEP Medication Assistance Program: <https://prepdaily.org/>
- **Med Management Support:**
 - PrEP Navigators in Indiana: Education, provider match: <https://prepdaily.org/navigator-list/>

General Support & Resource Provision

- **Gender Nexus**
 - Care coordination and referral, resource provision, counseling and community groups, education and advocacy for gender-diverse individuals and their families in Indiana
 - Website: <https://www.gendernexus.org/>
- **Damien Underground**
 - Support, advocacy, resource coordination for BIPOC trans and nonbinary individuals
 - Website: <https://www.damienunderground.org/>
- **Purdue University's Q Center**
 - Resources and services for LGBTQ+ students, faculty, staff, and allies at Purdue
 - Website: <https://www.pfw.edu/resource-center/>
- **Northern Indiana's LGBTQ Center**
 - Support and social groups, community events, local resource lists
 - Website: <https://www.thelgbtqcenter.org/>



- **Bloomington Pride**
 - LGBTQ+ advocacy, safe and inclusive spaces, arts and culture events, and educational programming in Bloomington and South-Central Indiana
 - Website: <https://bloomingtonpride.org/>
- **Terre Haute Pride Center**
 - LGBTQ+ supportive programs, services, resources, education, and advocacy within a safe community center space in Terre Haute, IN
 - Website: <https://pridecenterterrehaute.org/>
- **Spencer Pride**
 - LGBTQ+ Support groups, health and wellness resources, education and advocacy in Spencer, IN
 - Website: <https://spencerpride.org/iris/>

HIV Care

- **BU Wellness Network (ASO)**
 - Black-led and black-serving HIV prevention services, supportive services for people living with HIV, and programs to address nutritional needs
 - Website: <https://buwellness.org/>
- **Damien Center (ASO)**
 - “One-stop shop” HIV care and prevention
 - Website: <https://damien.org/>
- **Health Plus Indiana (ASO)**
 - HIV prevention, education, care coordination, and direct services
 - Website: <https://healthplusin.org/>
- **Step-Up Indiana**
 - HIV and STD testing, prevention, care services, re-entry
 - Website: <https://stepupin.org/>
- **Northeast Indiana Positive Resource Connection**
 - Regional HIV/AIDS/Hep C testing, prevention, education, management, outreach
 - Website: <https://positiveresourceconnection.org/>
- **Kentuckiana AIDS Alliance**
 - Connects HIV/AIDS nonprofit supports in Kentuckiana
 - Website: <https://www.kentuckianaaidsalliance.org/>
- **Indiana Recovery Alliance**



- Harm reduction for individuals impacted by drug use. Safer use supplies, rapid hepatitis/HIV testing
- Website: <https://indianarecoveryalliance.org/>

Domestic Violence Resources

- **Center for Nonviolence**
 - IN community nonviolence education, DV intervention, support, and advocacy
 - Website: <https://www.centerfornv.org/>
- **Domestic Violence Network**
 - Indiana domestic violence prevention, education, training (no direct service)
 - Website: <https://dvnconnect.org/>
- **The Julian Center**
 - Resources (sheltering, crisis, legal, advocacy, and programming) for domestic violence survivors in Indiana
 - Website: <https://www.juliancenter.org/>

Housing Support

- **Trinity Haven**
 - Provides safe, affirming housing for LGBTQ+ youth experiencing housing instability
 - Website: <https://trinityhavenindy.org/>

Legal Support

- **Indiana Legal Service's LGBT Project**
 - Free legal advice, information and representation for LGBT individuals throughout Indiana
 - Website: <https://www.indianalegalservices.org/LGBTVAP>

Financial Support

- **Trans and Nonbinary Mental Wellness Fund**
 - Indianapolis counseling fund, up to \$500 for therapy
 - Website: <https://irvingtoncounseling.org/donate>

Peer/Social Support

- **Trans Lafayette**
 - Social media group for trans peer support in Lafayette, IN
 - Website: <https://www.facebook.com/TransLafayette/>
- **TransIndy**
 - A peer-led social/support group for transgender and gender diverse people in central Indiana



- Website: <https://transindy.org/>
- **Nonbinary Collective Kentuckiana** – Social support
 - Facebook: <https://www.facebook.com/groups/685259376057560/>
- **Kentuckiana Transgender Support Group** – Social support
 - Website: <https://www.facebook.com/groups/2062551337346988/>

Family & Youth Support

- **Muncie OUTreach**
 - Social and support groups for LGBTQ+ youth of Delaware County
 - Website: <https://muncieoutreach.org/>
- **SAFY of Indiana**
 - Foster care, family supportive services, and behavioral health services
 - Website: <https://www.safy.org/indiana/fort-wayne/>
- **Indiana PFLAG**
 - LGBTQ+ education, peer support, and advocacy
 - Website: <https://www.indypflag.org/>
- **Greater Evansville Youth**
 - LGBTQ+ youth resources, community-building and education in Greater Evansville, IN
 - Website: <https://greaterevansvilleyouth.org/>
- **Prism Youth Community Group**
 - LGBTQ+ youth support group in Bloomington, IN
 - Website: https://www.bloomingtonvolunteernetwork.org/agency/detail/?agency_id=63078

Education/Career Resources

- **Indiana University LGBTQ+ Alumni Association Emergency Scholarship**
 - Available to any full- or part-time Indiana University student who loses family financial support after coming out
 - <https://alumni.iu.edu/scholarships/affiliate-scholarships/lgbtqaa-emergency-scholarship.html>
- **PFLAG Indianapolis Scholarships**
 - two \$1,000 scholarships for Indiana residents accepted for enrollment by an accredited institution of higher learning, including at the graduate level or a vocational institution. The scholarships can be awarded to Indiana residents attending institutions outside of Indiana.
 - <https://www.indypflag.org/our-work/scholarships>

Other

- **Indy Rainbow Chamber of Commerce**



- Bi-partisan group for LGBTQ business owners, employees and allies.
- Website: <https://www.indyrainbowchamber.org/>

