

## PATIENT INFORMATION SHEET:

# Procedural Abortion Day 2

Please review this information. If you have any additional questions, please call us at **941-567-3800**.

## PREPARING FOR YOUR VISIT

- Please take only medications required for chronic conditions (heart condition, high blood pressure, thyroid, psych medications, etc). If you are unsure, please call the contact center.
- Drink plenty of water the day before and morning of procedure. Eat a light breakfast.
- **Dress in loose, comfortable clothing.** Wear tops with sleeves that can roll up for blood pressure cuff and IV placement or wear a short sleeve top under a long sleeve top. Our waiting rooms do tend to get cold, so we recommend that you bring in a light jacket or sweater. Wear slip on shoes or shoes that are easy to take off/on. And if you are going to wear open toed shoes you may want to bring in a pair of socks. Avoid wearing: distressed jeans with holes, tapered pants that are tight at the ankle, thong underwear (you will be wearing a pad when you leave), sleeves that cannot roll up over your elbow.
- **Children are not allowed in our Health Center or waiting rooms, please make child care arrangements if necessary.**
- You may have a support person to sit with you during the procedure and in recovery; they must have a valid ID. Please let the educator know if you prefer to have your support person in either of these areas.
- If you are planning to get sedation, please confirm that you have a driver in advance. If you are using a ride service (Uber, Lyft), please let your educator know; you will need to provide the driver's name and license plate number when you reserve the ride while in recovery.

## IMPORTANT REMINDERS

- **Please make sure you bring a valid government-issued ID, your insurance card (if applicable), and your method of payment to your appointment.** Please make sure that your support person (if applicable) has a valid ID with them as well.
- Length of appointments may vary from patient to patient. If you have been told you may take cervical prep medication on the same day as your procedure, please be aware that you will be in the clinic for an additional 1.5 -4 hours.
- When you come in you may see protesters outside, **please do not engage with them**, and proceed to our private parking lot. We have volunteers with **Planned Parenthood branded vests** that will be outside ready to assist you.
- If you have decided on a birth control method, please inform the front desk upon arrival and present your insurance card, if applicable. If you have questions about birth control, please speak with your educator.
- **If you are unable to attend your appointment, please contact us to cancel or reschedule.**

## PAYING FOR YOUR VISIT

- **We request payment in full at the time of your visit.**
- We accept debit cards and all major credit cards (Visa, MasterCard, American Express, and Discover). We do not accept checks as a form of payment. There is some financial assistance available, if you qualify it may help reduce the cost of the abortion. Please contact us to discuss pricing and financial assistance before your visit.
- Using insurance? During your visit we will instruct you on how to provide a copy of your insurance card and valid government-issued photo ID. Please have your valid government-issued photo ID and insurance card ready to present at the time of your visit.



PLANNED PARENTHOOD OF SOUTHWEST AND CENTRAL FLORIDA

## Changes to Florida Law

### 6-WEEK ABORTION BAN

The 6-week abortion ban is now in effect. Patients past 6 weeks of pregnancy can no longer receive an abortion in Florida unless they meet a statutory exception. The law provides exceptions for fatal fetal diagnosis, to save the life of the pregnant person, or for victims of rape, incest, or human trafficking (with proper documentation).

### 24-HOUR MANDATORY DELAY

As of March 31, 2022, we are required by law schedule two appointments for your abortion at least 24 hours apart. Your first appointment will include an ultrasound, labs, and an in-person meeting with a physician to discuss the abortion procedure. Education and your abortion procedure will be done during your second appointment.

## Teens Seeking Abortion Care

Florida state law requires most young people under 18 to involve a parent or legal guardian in their decision. [Click here for more information about parental consent](#) and how to get a judicial bypass if you cannot safely get permission from your parents to have an abortion.

## Let Us Know How We Did

After your visit, please let us know how we did by completing the patient satisfaction survey sent to you via text and/or email and by reviewing us on Google.