

Our Education & Training Department offers programs which provide accurate, unbiased information about sexual and reproductive health. We facilitate programs at schools, colleges, and various community-based organizations, as well as provide trainings for parents, health care professionals, and other youth-serving providers.

Our programs are developed to best meet the community's needs. Our expert educators offer a broad array of educational programs on a host of topics, available in both English and Spanish.



Planned Parenthood Hudson Peconic

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(914) 220-1038 | (631) 240-1130

www.pphp.org



Planned Parenthood Hudson Peconic

A woman with long dark hair, wearing a black t-shirt and a necklace, is standing in a classroom. She is gesturing with her hands as if presenting. The background is filled with educational posters and charts on a bulletin board.

Education & Training Programs

**Serving Westchester,
Rockland, Putnam,
and Suffolk counties**



Education & Training Department Programs

Sexuality Education

Our expert educators can provide sexuality education programming for both young people and adults. Common topics include birth control, STI prevention, consent, and healthy relationships. We are happy to customize an education program to meet the needs of your participants. To schedule an education program, contact us at (914) 220-1038.

Parent/Child Communication Programs

"Let's Talk" is a series of programs to support parents and caregivers in their role as the primary sexuality educators of their children. Our professional educators can provide parents with resources and information around communicating with their child about sexuality.

Peer Education

Our Teen Information and Peer Services (TIPS) after school program prepares teens in Rockland and Westchester counties to become experts and ambassadors in reproductive health. TIPSters will attend trainings on sex education, bi-monthly meetings, and various community outreach and lobbying events, while having the opportunity to earn community service hours, letters of recommendations for college, and jobs opportunities.



Training for Professionals

Our trainers can provide customized trainings to meet your needs on any sexuality topic at your agency or school. These topics can include a general overview of PPHP Services, how to access services for adolescence, and trauma informed approaches to sex education. Our trainings are done at an affordable rate which helps support future education programs and the services that PPHP provides.

Personal Responsibility Education Program (PREP)

PREP, funded through the New York State Department of Health, aims to reduce teen pregnancies and STI rates in Suffolk County. PREP staff provide the comprehensive evidence-based interventions Making Proud Choices! and Be Proud! Be Responsible! to young people, as well as parent programs, Food and Game Nights at PPHP health centers, and community outreach events.

