



Planned Parenthood of Northern New England

NEWS SOURCE

Fall 2023

Dear Friends,

As the days get shorter and the leaves start to fall, I hope you are finding enjoyment in the autumn season. Whether it is enjoying an apple cider donut or going for a walk to see the changing leaves, here in northern New England, this is our time to shine. It replenishes us as we prepare for fewer and fewer hours of sunlight.

Meanwhile, at PPNNE, we are digging into our work while managing through endless attacks over the past few years, including repeated defunding and the loss of Roe. We might not be in the headlines quite as much, at least for now, but I can assure you, our work hasn't slowed down, nor become any less important.

We know that accessing affordable health care, especially in our rural states of Maine, New Hampshire, and Vermont, is tough. Throughout the pandemic, some independent health care providers shut down, increasing challenges to accessibility in our communities. Solving staffing shortages in health care is harder in our rural region. But we know that, for many in these settings, PPNNE may be the only health care provider someone sees.

That is why, with the help of supporters like you, we are committed to providing our award-winning care to everyone who comes to us, regardless of their ability to pay. This is why we've increased accessibility by offering our most popular services through telehealth. It is why we've begun offering mental health services at most of our sites. And it is why we are dedicated to protecting reproductive health care in our region.

With your support, PPNNE is filling a critical need, right here in Maine, New Hampshire, and Vermont. Thank you so much for making this lifesaving and life-changing work possible.

In this together,

Nicole Clegg
Interim CEO



 **Planned
Parenthood**
of Northern New England

Serving Maine, New Hampshire, and Vermont

784 Hercules Drive, Suite 110, Colchester, VT 05446
supportus@ppnne.org | 1-800-287-8188 ext. 9704
www.ppnne.org/donate

THIS IS PLANNED PARENTHOOD. THIS IS HEALTH CARE.

PPNNE provides lifesaving services to more than **36,000 patients (and over 52,000 visits)** at our **15 health center locations in Vermont, Maine, and New Hampshire, and virtually through our telehealth program.** We are the largest reproductive health care and sexuality education provider and advocate in northern New England.

And this is all possible, thanks to you - our unwavering supporters.

PPNNE offers compassionate, non-judgmental care to all our patients, no matter what. **PPNNE was recognized by Press Ganey as a 2021 and 2022 Guardian of Excellence Award® winner.** Press Ganey is the renowned leader in transforming the Human Experience across the health care ecosystem of patient, employee, member, and consumer journeys. Press Ganey determined that PPNNE is again in the top 5% of all medical practices in the category of patient experience.

We are proud to offer a full range of reproductive and sexual health care services, at our physical health center locations and through telehealth. Sexual and reproductive health care is a primary health need.

Thank you for your partnership in making this life-changing and lifesaving care possible. Together, we truly make a difference in the lives of so many.



Donating to our Gender-Affirming Care Fund helps patients receive non-judgmental care, regardless of ability to pay.
(Scan QR code above to donate)

GENDER-AFFIRMING CARE SAVES LIVES.

"Helpful, friendly, caring.
I'm glad I'm getting my HRT through Planned Parenthood :)"

-PPNNE Patient

"I felt so comfortable here. The best of the best! How nice to feel safe and understood."

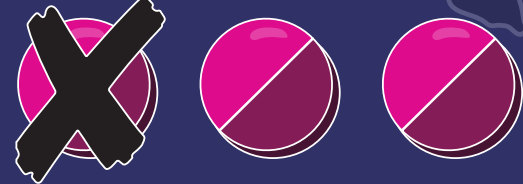
-PPNNE Patient



A YEAR WITHOUT ROE.

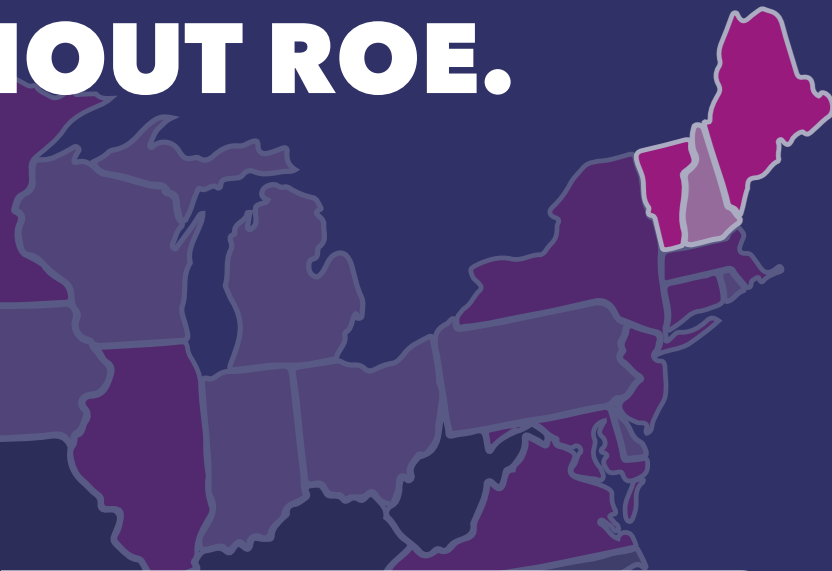
Last June, the Supreme Court issued the devastating decision that **overturned Roe v. Wade** and the federal constitutional right to abortion, **allowing states to ban essential health care – which stripped tens of millions of people of the right to make their personal medical decisions, and left patients desperate, confused, and fearful.**

A year later, we're still learning what this new post-Roe environment will look like across the country. And here in northern New England, we're feeling the effects of this devastating decision now that 1 in 3 people live in a state without access to abortion.



The safe haven northern New England is, and the services we provide, has never been more important. **With your support, PPNNE represents three of the states that are left standing –** ready and able to provide a full range of sexual and reproductive health care, including birth control, STI testing and treatment, and abortion care.

On behalf of all who rely on us for care, thank you for supporting PPNNE!



We provided abortion care to **3,014 patients this year.**



We instituted changes to our procedural abortion program to **center the patient experience and reduce the duration of a visit.**



We began offering telehealth visits for medication abortion. To date, 350 patients from our region have utilized this program.



We are increasing access to abortion by **expanding our medication abortion program** to our Derry, NH and St. Johnsbury, VT health centers.



A patient from the Midwest traveled to northern New England for her abortion because she felt safer here. To date, we have had patients from 24 other states travel to PPNNE for abortion care.



Our patients depend on us, and we depend on you.

With the endless attacks on Planned Parenthood and our reproductive rights, the day-to-day work at Planned Parenthood of Northern New England (PPNNE) might feel invisible.

Every patient we see serves as a reminder of the importance of access to quality reproductive health care. The right for people to make medical decisions that impact THEIR bodies and THEIR futures is critical to having healthy communities and families.

Your financial support allows us to open our doors to everyone who comes to us, regardless of their ability to pay. It means serving our communities with life-changing, lifesaving care, including:

"I felt so comfortable here. I wish more medical offices could be as caring, compassionate, and accurate. Well done, Planned Parenthood, Derry! The best of the best! How nice to feel safe and understood."

– PPNNE Patient

- Birth Control
- STI Testing
- Cancer Screenings
- UTI Care
- Abortion Care
- Gender-Affirming Care
- Counseling
- And more!

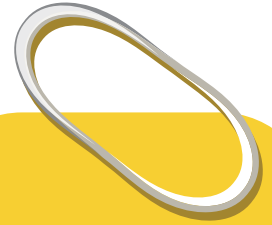
This is the work we do together: keeping our communities healthy, safe, and empowered. PPNNE is the largest reproductive health care provider in our region.

For many, PPNNE may be the only health care provider they see.

They come to us for exceptional care, knowing they'll be treated with respect and without judgment. They know that, thanks to supporters like you, they will receive the care they need and will not be turned away for an inability to pay.

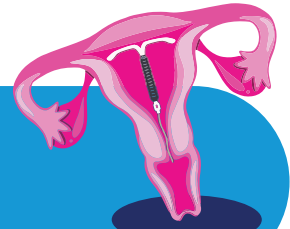
We're asking you to join us in our vital, day-to-day work of caring for our neighbors, no matter what. You can make your gift today by using the enclosed envelope or making it online at www.ppnne.org/donate.

*If you have any questions about other ways to support PPNNE, including gifts of stock, a gift through your Donor Advised Fund, a special donation from your IRA (if you're over the age of 70½), or leaving PPNNE in your will or estate plans, please contact Jennifer Long, Vice President of Development, at jennifer.long@ppnne.org, or call our Fundraising Team at **1-800-287-8188 ext. 9704**.*



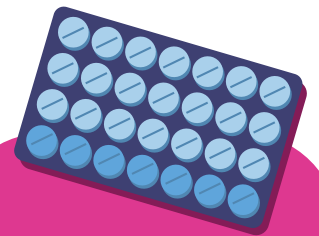
THIS IS A RING.

THIS IS HEALTH CARE.



THIS IS AN IUD.

THIS IS HEALTH CARE.



THIS IS A PILL PACK.

THIS IS HEALTH CARE.

**FOLLOW US
ONLINE!**



Charity
Navigator



+ FOUR-STAR +

Printed on recycled paper