

# healthmatters.

PLANNED PARENTHOOD CALIFORNIA CENTRAL COAST / SPRING 2019 NEWS

[ppcentralcoast.org](http://ppcentralcoast.org)

## A Legacy of Making a Difference Jean Kellogg Schuyler (1927-2019)



**"I think people should be concerned about their fellow citizens. My volunteerism makes me feel useful. It's satisfying to feel that I can make a difference in the world."**

It was a special moment when Jean first walked through our doors at Planned Parenthood. A moment that turned into 40 years of volunteerism and philanthropy in support of women's health care, reproductive rights, and access to abortion services. Although we did not know it at the time, Jean's final moments with her Planned Parenthood family were at our Birds and Bees Bash on March 30th. Jean raised her hand in a wave of acknowledgment when board chair, Anne Schowe, recognized her from the podium during the presentation of the Jean K. Schuyler Award for volunteerism to Dan Hone.

It all began in 1978 when a friend asked Jean for help at Planned Parenthood during a challenging time for our affiliate. We were preparing to offer abortion services beginning in 1979, and it was critical to build community support. Jean jumped in and became a persuasive advocate for the important health services and sex education programs Planned

Parenthood provides in the community.

It was not long before Jean was asked to join the Board. As she said, "It was during the time when the protesters became very active. It was a very volatile scene, really." As anti-abortion protesters began harassing women entering the Santa Barbara Health Center, Jean signed on as one of the affiliate's first volunteer patient escorts. Years later, during her term as chair of the Board of Directors in 1989-90, our affiliate sought and secured an injunction to keep anti-abortion protesters off our property.

During the 1990s, opposition activities increased throughout the Central Coast. As a board member, her leadership and steady hand helped steer our affiliate through a bomb explosion at our Ventura Health Center and devastating attacks of arson at our Santa Maria and San Luis Obispo Health Centers. As a fearless fundraiser, Jean led the capital campaign

to build a new health center in Santa Maria.

In 1999 when our affiliate launched its first major capital and endowment campaign, *Building Healthy Communities*, Jean served in a leadership role to help us raise \$12 million to expand services, build a new administrative headquarters and add \$1 million to our endowment.

When nominating Jean for an award in 1995, former Santa Barbara mayor and PCCC board member Sheila Lodge wrote, "Jean consistently does the right thing. She lives a simple life, according to her values, while working for good causes. She is very unassuming, an incredibly modest person who does incredible things."

Jean and her late husband, Barry, believed in paying it forward, and they practiced this every day. Barry once said, "My thing is the museum (Maritime Museum) and her thing is Planned Parenthood, but we always are involved in each other's projects. A standing joke with us most mornings is 'which worthy cause are we going to support today?'"

Thank you, Jean, for all you have done to ensure that all people—and especially young people—can count on Planned Parenthood to be here for them.

# Reproductive Rights Advocates – The Next Generation

results of the 2016 presidential election fueled my ambition to raise awareness of and advocate for reproductive rights within both Stanford and the Bay Area.

I found several peers at Stanford who shared both my understanding of the urgent threats against reproductive healthcare and my drive to engage in the resistance; I set out to establish an ongoing partnership between Planned Parenthood and the Stanford community. After discovering the Generation Action network, I worked with a close friend to found Stanford Planned Parenthood Generation Action, a Stanford student organization (and chapter of the national Planned Parenthood Generation Action network), which I lead as co-president today.

Establishing this community on campus introduced me to classmates who share my commitment to defend autonomy over our bodies. Alongside my

quantity of patients who would not have access to health care without Planned Parenthood, which contributes to our greater goal of motivating activism and advocacy.

We launched Stanford Planned Parenthood Generation Action programming this year. For our first major event, we had the honor of hosting Dr. Leana Wen at Stanford in a panel on public health disparities. Hearing Dr. Wen press the urgency of resisting the Title X gag rule, defending *Roe v. Wade*, and fighting for reproductive health care to be recognized for what it is—health care—has empowered me to engage even further in the reproductive rights movement. As Dr. Wen so eloquently put it, “We are the ones we’ve been waiting for.” The opportunity to chat with Dr. Wen about Planned Parenthood’s role in the reproductive justice movement, both historically and currently, challenged me to consider the progress that has been made for decades, in light of present threats against *Roe v. Wade* and Title X. I realize the gravity of the threats we face against women’s health, LGBTQ+ health services, sexual and reproductive health, and healthcare access for minority populations, and I want to participate in the resistance and fight the stigmas surrounding reproductive health care.

– Jillian Rogers,  
Santa Barbara

I initially became involved with the reproductive justice movement while enrolled in a gender studies course as a senior at Cate School, which took place while elected officials were threatening to defund Planned Parenthood and spreading misinformation about what Planned Parenthood really does. I have always been a firm advocate for women’s autonomy over our own bodies. As a result, for the final course project, I chose to educate the Cate community about the false stigmas surrounding Planned Parenthood and the myriad of health services it provides. The response from students and faculty included both support for reproductive rights and surprise that Planned Parenthood offers so many services beyond abortion.

***Through this project, I realized the importance of accessible, legal abortions to women’s healthcare, and I discovered the volume of patients who rely entirely on Planned Parenthood for their health care.***

Consequently, I decided to further my involvement in the reproductive justice movement. Later that year, the disheartening

driven, compassionate executive board, I have the opportunity to educate the community about the health services Planned Parenthood offers and the





# #ProtectX

Title X is the only federally-funded family planning program, established in 1970. Title X was founded with bipartisan support from Congress and signed into law by Richard Nixon. Each year, Title X helps provide reproductive health care to four million low-income people. The services covered include wellness exams, cancer screenings, birth control, and testing and treatment for sexually transmitted infections (STIs).

In another attempt to roll back access to birth control and reproductive health care, the Trump administration issued a “gag rule,” which bans health care providers in the Title X program from telling women about one of their options during pregnancy–abortion. Planned Parenthood will not

withhold information from patients because of our commitment to ethical patient care.

Planned Parenthood affiliates have joined lawsuits against the Trump administration, along with the American Medical Association (AMA). As of April 24, Judge Michael McShane of the U.S. District Court for the District of Oregon, announced that he would issue a preliminary injunction, blocking the Title X gag rule. On April 25, Judge Stanley Bastian of the U.S. District Court for the Eastern District of Washington also ruled from the bench and granted a nationwide preliminary injunction against enforcement of the gag rule. And on April 26, Judge Edward Chen of the U.S. District Court for the Northern District of California enjoined the gag rule. The Trump administration will surely appeal these rulings; however, the actions of these three judges are a great sign for Planned Parenthood patients across the country.

The gag rule puts people at risk and will cost taxpayers millions. It’s dangerous and illogical. To learn more, visit [www.ProtectX.org](http://www.ProtectX.org).

*When we all help one another, everybody wins*  
**how YOU can help**

**1**

## Safe, secure online donations:

Your gift to PPCCC is protected by VeriSign. Enjoy secure credit card convenience when you visit [ppcentralcoast.org](http://ppcentralcoast.org) and click the “Donate” link at the top of the page.

**2**

## Pledge your monthly support:

A small amount each month makes an important difference each year. Call Brittany at 805.722.1517 to start your monthly giving.

**3**

## Remember PPCCC in your will:

“Tomorrow’s dollars” are just as important as “today’s dollars.” Adding a charitable bequest to your existing will takes just a quick phone call to your legal or estate advisor. Or call Sherry Madsen, vice president development, at 805.722.1516.

**4**

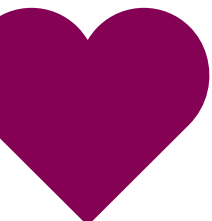
## Volunteer

We are always looking for volunteers for the **Mary Jane McCord Planned Parenthood Book Sale**. Our volunteers work year-round sorting and pricing books for the sale. If you are interested in volunteering please visit [ppcccbooksale.com](http://ppcccbooksale.com).

**Looking for other volunteer opportunities with PPCCC? Please email [volunteers@ppcentralcoast.org](mailto:volunteers@ppcentralcoast.org)**

**[ppcentralcoast.org](http://ppcentralcoast.org)**

# Local Business Love



*PPCCC is fortunate to have great friends in local businesses in our community. They support us, and we want to support them! Please patronize these businesses who ♥ PP, and thank them for their support. Check out these spots, located at the Hub in Santa Barbara:*

**Folio Press & Paperie**  
 This spot sells stationery and unique gifts. Their specialty is letterpress printing and design services. Thank you for PPCCC’s valentines, Folio Press & Paperie!



**Chocolate Maya**  
 Maya is always being sweet to PPCCC, and we can’t thank her enough! She’s even created pussyhat chocolates to benefit PP!

# PPCCC is on Instagram!

**@PPCACentralCoast**

Give us a follow

**@PPCACentralCoast!** Our Instagram account regularly posts information about what's happening at our affiliate, upcoming events, and safe sex facts.

While you're at it, check out

**@My\_Story\_Project**, an account created by PPCCC Community Engagement staff member, Maddy Myslinski. The My Story Project shares stories from PPCCC patient advocates, staff, and supporters about why Planned Parenthood matters to them. Check out this story from Molly Silvestrini, one of our former interns:

I'm gay, but most of the time when I go to the



doctor, they think I'm straight... For a lot of the LGBTQ community, going to a healthcare provider can be tricky and unexpected obstacles can come up. But one of the things I noticed about Planned Parenthood was how inclusive everyone is in terms of acknowledging heteronormativity....

**Read the rest of Molly's story on Instagram on @My\_Story\_Project!**

45<sup>th</sup> Year of the Book Sale

## THE MARY JANE McCORD Planned Parenthood ANNUAL BOOK SALE

**SEPTEMBER 19 - 29, 2019 Earl Warren Showgrounds**

**OPENING NIGHT PREVIEW SALE**  
Thurs., Sept., 19 / 5 - 9 pm / \$25 admission

*Spring cleaning?*

**Donate your books to the Planned Parenthood Book Sale**  
We accept books, textbooks, dvds, cds, records  
*Please drop them here - look for our red shed - drop-off 24/7*

**5726 Thornwood Drive, Goleta**

**805.722.1517** or **ppcccbooksale.com**

## Giving Through Your IRA

- If you have a non-Roth IRA, then once you hit 70 ½ years of age, you must take a required minimum distribution (RMD), which is taxable.
- If you don't need those funds, you can make a qualified charitable distribution (QCD), up to \$100,000, to avoid paying tax on an RMD.
- You can also make legacy gifts through your IRA. Designating a charity as a beneficiary in your estate plan is simple and can reduce your taxable estate, while facilitating fantastic work in your community!
- If you'd like to donate through your IRA, reach out to your custodian, and ask about directing your funds to the charity or charities of your choice.
- Have questions? Contact Sherry Madsen, vice president development, at 805.722.1516 or sherry.madsen@ppcentralcoast.org.



**GO GREEN!** If you would like to receive this newsletter via email only, please email [development@ppcentralcoast.org](mailto:development@ppcentralcoast.org) or call 805.214.3530 to update your preferences.