

# PPNCNY Education Topics

A PPNCNY educator presents **age-appropriate, evidence-based, medically accurate**, reproductive and sexual health information in a safe and non-judgmental environment. Available virtually, at your school/agency, or at our Community Outreach Center following COVID-19 guidelines.

**Planned Parenthood Services:** (30 min) Local PPNCNY services overview

**Safe Zone Training:** (90 min) Training to be a better ally to the LGBTQ+ community

**Healthy Relationships:** (60 min) Healthy vs. unhealthy relationship behaviors

**Sexually Transmitted Infections:** (60 min) STIs, prevention & treatment

**Birth Control Methods & Abstinence:** (60 min) Family planning options

**Puberty & Anatomy:** (30 min) Help youth understand why & how their bodies change

**Consent & Communication:** (30 min) Giving & receiving permission in relationships

**LGBTQIA+ Inclusivity:** (30 min) Sex, gender, expression and inclusivity of all people

**How to Communicate About Your Health with Adults:** (30 min) Tips on how to have tough talks with the adults in your life

**Parent & Child Communication:** (30 min) Tips on how to talk with your children about sexuality & sexual health

**Reproductive Rights & Justice:** (30 min) Advocating for reproductive rights & justice


**Sex in the Media & Online:** (30 min) Sex and relationships' pressure on social media

**One Love Escalation Workshop:** (1 day - 90 min or 2 days - 45 min/day) Understand the differences between healthy & unhealthy relationships, as well as how to intervene when witnessing unhealthy behavior exhibited by a friend or in a friend's relationship


**Comprehensive Adolescent Pregnancy Prevention (CAPP):** (6 hrs) Evidence-based curriculum on STIs like HIV, safer sex practices, pregnancy prevention, and more!


## CONTACT US FOR MORE INFO!

 PPNCNY Education

 PPNCNY

 @PPNOCNY

 [ppncny.education@gmail.com](mailto:ppncny.education@gmail.com)

 [www.ppncny.org](http://www.ppncny.org)

 (315) 782-1818 ext. 313

Sign up here for education sessions → [www.bit.ly/PPNCNYeducationform](http://www.bit.ly/PPNCNYeducationform)

