

Volunteer Opportunities



POSITION	DESCRIPTION	REQUIREMENTS
Community Outreach Volunteer	Spread the word about Planned Parenthood and sexual health at health fairs, street fairs, college campuses and other community events. Share information about our services while handing out fun swag. Shifts are flexible. Great for volunteers interested in interacting with diverse communities.	<ul style="list-style-type: none"> • Some weekend and evening availability • At least one 2-4 hour shift per month • Minimum 6 months
Administrative Volunteer	Support various Planned Parenthood administrative departments with various tasks including making condom packs, menstrual hygiene kits, stapling, labeling, stuffing envelopes, etc. This position is on an on-call basis. Volunteer Nights to work on larger projects are held as needed in San Diego and in Riverside County.	<ul style="list-style-type: none"> • Daytime and weekday availability • 2-3 hours/month
Special Events Volunteer	Planned Parenthood hosts a variety of inspiring, fun events for supporters and donors. Help us with set-up/break-down, registration, greeting, and educating guests about Planned Parenthood initiatives.	<ul style="list-style-type: none"> • Evenings, 4-5 events per year • 21+ years of age • Able to lift heavy objects • Excellent customer service skills, calm in a fast-paced setting
Department Intern/Volunteer*	Department interns/volunteers are dedicated individuals who provide ongoing support to a particular department. Notifications are sent out to volunteers as these opportunities arise. Departments may include Marketing, Communications, Human Resources, Finance, External Affairs, Development, and Medical Services.	<ul style="list-style-type: none"> • Daytime/weekday availability • 4-8 hours per week • 4-6 month minimum • 18+ years of age • In-person interview and background check
Health Center Volunteer*	We are not currently accepting volunteers for this role.	

*Volunteers are notified as these positions become available.

For more information, email volunteer@planned.org or visit www.planned.org/volunteer.