

# Idaho Gender-Affirming Care Resources

## How to use this guide

This document contains Idaho-specific information to connect transgender and nonbinary individuals with medical, behavioral, financial, community, family, legal, educational, and other resources.

Use the clickable table of contents to navigate to the area in which you are searching. This document also contains a “statewide” resource section with community organizations, telehealth options, pharmacy options, and Medicaid and PrEP information.

**If you are looking for a specific type of resource, use ctrl+f to search for a keyword in the document.**

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## BOISE/MERIDIAN

### Healthcare

- **Full Circle Health**
  - Services: HRT for 18+, primary care, surgery referrals
  - South Clinic Phone: 208-514-2529
  - North Clinic Phone: 208-514-2509
  - Website: [www.fullcircleidaho.org/patients/medical-care/transgender-clinic/](http://www.fullcircleidaho.org/patients/medical-care/transgender-clinic/)
- **Davis Family Medicine**
  - Services: HRT, surgery referrals, primary care, gynecological care, STI testing
  - Phone: 208-429-9100
  - Website: <https://davisfamilymedicine.net/>
- **Independent Family Doctors** (*Boise and Caldwell locations*)
  - Monthly fee/no ins (\$30-130/month). GAHC to youth and adults, discounted hormones for patients.
  - Phone: 208-369-4590
  - Website: <https://independentfamilydoctors.com/>
- **Saint Luke's**
  - Primary and specialty care, HRT
  - Boise Medical Center Phone: (208) 381-2222
  - Website: [www.stlukesonline.org/health-services/service-groups/lgbtqia-health-care](http://www.stlukesonline.org/health-services/service-groups/lgbtqia-health-care)

### Surgical Care

- **Stiller Aesthetics** (*Spokane, WA and Moscow, ID*)
  - Services: Body feminization/masculinization, facial feminization/masculinization, top surgery, vaginoplasty
  - Website: <https://www.stilleraesthetics.com/>
- **Saint Alphonsus**
  - Women's Specialty Care Center, offers top surgery
  - Phone: 208-302-2200
  - Website: [www.saintalphonsus.org/](http://www.saintalphonsus.org/)
- **Wigod Plastic Surgery**
  - Offers top surgery for all genders
  - Phone: (208) 377-9515
  - Website: <http://www.wigod.com/>
- **University of Utah** (*Salt Lake City, UT*)



- Transgender Health Program – top and bottom surgery, FFS
- Website: <https://healthcare.utah.edu/transgender-health>

## Care for Minors

- **Saint Luke's Children's Essence Clinic**
  - Phone: (208) 381-7340
  - Website: [www.stlukesonline.org/communities-and-locations/facilities/clinics/st-lukes-childrens-essence-clinic](http://www.stlukesonline.org/communities-and-locations/facilities/clinics/st-lukes-childrens-essence-clinic)

## Aesthetics

- **Ada West Dermatology**
  - Electrolysis and Laser Hair Removal
  - Phone: 208-884-3376
  - Website: <https://adawestdermatology.com/>
- **Crazy Neighbor**
  - Affirming retail/accessory/wig shop
  - Phone: 208-957-6480
  - Website: [www.crazyneighbor.biz](http://www.crazyneighbor.biz)
- **Curvy Girl Kate's**
  - Affirming plus-sized clothing, private shopping by apt
  - Phone: 208-322-8789
  - Website: <http://www.curvygirlkates.com/>
- **Holly Berry Nails**
  - Phone: 208-484-6016
  - Website: [www.vagaro.com/boisehouseofbeauty](http://www.vagaro.com/boisehouseofbeauty)
- **ISU Speech and Language Clinic Meridian**
  - Vocal training - ISU Meridian Health Science Center
  - Phone: 208-373-1725
  - Website: <https://www.isu.edu/clinics/speech-and-language-meridian/>
- **Bloom Speech and Voice Therapy**
  - Gender-affirming voice care
  - Phone: 208-690-4717
  - Website: [www.bloomspeechandvoicetherapy.com/](http://www.bloomspeechandvoicetherapy.com/)
- **Kathy's Wig Boutique (Boise, ID)**
  - Trans-femme wigs/affirming services
  - Phone: 208-376-2995
  - Website: <https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/>



- **Style Therapy**
  - Gender-affirming personal shopping
  - Phone 208-794-1853
  - Website: [www.missstyletherapy.com](http://www.missstyletherapy.com)
- **Xpressions Hair Salon** (Boise, Idaho)
  - Trans-friendly place for haircuts, massage, other salon services.
  - Phone: 208-629-5285

## TWIN FALLS

### Care for Minors

- **Saint Luke's**
  - Pediatric endocrinology, referral, evaluation
  - Phone: 208-814-8000
  - Website: [www.stlukesonline.org](http://www.stlukesonline.org)

## EASTERN ID

- **Portneuf Medical Center** (Pocatello, ID)
  - Family medicine offering HRT and puberty blockers
  - Phone: 208-239-1000

## MULTIPLE LOCATIONS

### Healthcare

- **St. Luke's**
  - Services: HRT and surgery referrals, primary care from LGBTQ+ specializing providers
  - Website: <https://www.stlukesonline.org/health-services/service-groups/lgbtqia-health-care>

### Counseling Services

- Multiple trans-friendly providers can be found (statewide) at:
  - Website: <https://www.psychologytoday.com/us/therapists/idaho?category=transgender>

## TELEHEALTH-ONLY OPTIONS (STATEWIDE)

- **Empower Pharmacy** – Compounding pharmacy, ships anywhere in ID
  - Offers gender-affirming care, sexual wellness, and other medications
  - Website: <https://www.empowerpharmacy.com/compound-medication/gender-affirming-care/>
- **New Era Pharmacy** – Compounding pharmacy, ships to you
  - Offers gender-affirming care, specialty fertility care, and other medications
  - Website: <https://newerapharmacy.com/>



- **Idaho Suicide Prevention Hotline – Statewide**
  - Phone: 1-800-398-4357 (call or text)
  - Website: <https://www.idahosuicideprevention.org/>
- **Idaho Department of Health and Welfare Mobile Crisis**
  - **Region 1:** 1-888-769-1405
    - Coeur d’Alene: 208-769-1406
    - Kellogg: 208-784-1352, x217
    - Sandpoint/Ponderay: 208-265-4535
  - **Region 2:**
    - Grangeville: 208-983-2300
    - Lewiston: 208-799-4440
    - Moscow: 208-882-0562
  - **Region 3:**
    - Caldwell: 208-459-0092
    - Nampa: 208-459-0092
    - Payette: 208-642-6416
  - **Region 4:**
    - Boise: 208-334-0808, option 2 (Serves Ada, Boise, Valley, & Elmore counties)
  - **Region 5:**
    - Burley: 208-677-5390
    - Twin Falls: 208-736-2177
  - **Region 6:**
    - Pocatello, Preston and surrounding areas: 208-234-7900
  - **Region 7:**
    - Blackfoot, Idaho Falls, Rexburg, Salmon and surrounding areas: 208-528-5700
    - Suicide Hot Line: 1-800-708-3474
- **Southern/SE ID Crisis Hotline**
  - 24-hour crisis intervention and referral service
  - Phone: 208-788-3596
  - Website: <http://thecrisishotline.org/>
- **QueerDoc** (*Telehealth only – insurance not accepted for appointments*)
  - Website: <https://queerdoc.com/>
- **Plume** (*Telehealth only – insurance not accepted for appointments, can be used for meds, \$99.00 monthly membership*)



- Website: <https://getplume.co/map/gender-affirming-hormone-therapy-in-idaho/>
- **Trans CLINIQUE**
  - Insurance & no insurance options, monthly membership
  - Website: <https://transclinique.com/>
- **True U Clinic**
  - Does not accept insurance, patients are self-pay
  - Phone: 888-292-0799
  - Website: <https://trueuclinic.com/idaho/>
- **Folx Health** (*Telehealth only – insurance not accepted for appointments*)
  - Website: <https://www.folxhealth.com/>

## OTHER SERVICES/RESOURCES/ADVOCACY (STATEWIDE)

### State-Specific Insurance Information (GAHC, PrEP)

#### State Medicaid coverage of gender-affirming care:

- Idaho banned Medicaid coverage of gender-affirming care beginning July 1, 2024. Sources:
  - <https://apnews.com/article/transgender-care-medicaid-ban-lawsuit-idaho-754f203fb4e8d5d8c0becc8135c48284>
  - <https://www.lgbtmap.org/equality-maps/medicaid>
  - See state and national financial aid resources.

### PrEP Information

- **Insurance Coverage:** Idaho Medicaid covers routine HIV screenings and does not require prior auth for PrEP prescriptions. Oral PrEP covered by all insurance plans, including Medicaid and Medicare. Injectable PrEP medication covered by most insurance plans, including Medicaid and Medicare. (<https://prepmeidaho.com/learn-about-hiv-prevention/>)
- **Med Management Support:**
  - **PrEP Me Idaho:** Education, provider match:
    - Website: <https://prepmeidaho.com/>

### HIV Care

- **A.I.p.h.a. Idaho** – HIV care linkage, testing, food pantry
  - Website: <https://alphaidaho.org/>
- **Ryan White Program** - HIV primary medical care, medications, and essential support service for low-income people with HIV
  - Website: <https://ryanwhite.hrsa.gov/>



## Legal/Political Support

- **ACLU Idaho** – Advocacy and justice, education and lobbying
  - Website: <https://www.acluidaho.org/>
- **FACES Family Justice Center**
  - No-cost voluntary services for survivors of child abuse, DV, elder abuse, sexual assault
  - Website: [www.facesofadacounty.org](http://www.facesofadacounty.org)
  - Phone: 208-577-4403

## Financial Resources

- **Add the Words** - Non-profit offering advocacy and mutual aid
  - Website: <https://msha.ke/addthewordsidaho>
- **Pride Foundation, Idaho** – Community care and grant funding
  - Website: <https://pridefoundation.org/region/idaho/>
- **Minerva Authenticity Endowment Fund**
  - Helps transgender people in Idaho with transition-related costs including name and document changes
  - Website: <https://idahogemcourt.org/wp-content/uploads/2020/01/MAEFundApplication1.pdf>

## Peer/Social Support

- **The Community Center** (Boise)
  - LGBTQ+ social and educational programming
  - Website: <http://tccidaho.org/>
- **Inland Oasis** (Moscow)
  - LGBTQ+ social and educational programming
  - Website: <https://www.facebook.com/InlandOasis/>
- **North Idaho Pride Alliance**
  - LGBTQ+ networking, education, advocacy
  - Website: <https://www.nipridealliance.com/>
- **All Under One Roof**
  - Advocacy and resources lists based in southeastern Idaho
  - Website: <https://www.allunderoneroof.org/>
- **Boise State University Gender Equity Center**
  - Social support and education, student/faculty/staff resources, referrals
  - Website: <https://genderequity.boisestate.edu/>
- **Tri-States Transgender Group (TSTG)**



- Meetings on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays.
- Facebook: <https://www.facebook.com/pg/TSTSG/>
- **Eastern Idaho Gender Spectrum Outreach**
  - Social support
  - Website: <https://www.facebook.com/groups/EIGSO/about/>

## Youth/Family Resources

- **FATE (Families Advocating for Transgender Equality)**
  - Social support for friends/family
  - Website: <https://www.facebook.com/groups/meetwithlove>

## Education/Career Resources

- **Pride Foundation Scholarships**
  - Funding for any post-secondary education. Supports LGBTQ+ students who are residents of Washington, Alaska, Idaho, Montana, Oregon
  - Website: <https://pridefoundation.org/find-funding/scholarships/guidelines/>
- **Steve Nelson Memorial Fund**
  - Emergency financial assistance for LGBTQ Boise State University students
  - Website: <https://deanofstudents.boisestate.edu/steven/>

