



Why Planned Parenthood Arizona Supports Honest, Complete, and Accurate Sex Education

Planned Parenthood Arizona promotes and protects every person's freedom and right to enjoy sexual health and well-being, to make reproductive choices, and build healthy, strong families. We create health equity for Arizona youth through improved access to high quality sex education and by building supportive family and community connections that encourage holistic health promoting behaviors.

SHARE

EDUCATION BY PLANNED PARENTHOOD

Phoenix Administrative Office

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Tucson Administrative Office

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What we know:

- Sex education is a [human right](#) that enables young people to protect their health, well-being and dignity.
- Sex education recognizes sexuality as an essential, lifelong part of our human identity.
- Sex education promotes educated, positive, healthy experiences and [supports overall wellness](#).
- Sex education supports [social and emotional learning](#).
- Sex education is suitable for each particular [developmental stage and age group](#).
- Sex education is honest, complete, accurate, [and supported by evidence](#).
- Complete sex education provides training and skills to [teachers, parents, guardians, and caregivers](#).
- Sex education involves parents and increases communication in families; it does not take the place of sex education in the home. Our children win when parents are prepared, not scared.
- Sex education is inclusive of all students' identities and experiences.
- Sex education [decreases the risk of negative health outcomes](#) such as: sexually transmitted infections, unintended pregnancies, and relationship violence.

What happens when children get quality sex education:

- [Evidence Underpinning the National Sexuality Education Standards](#)
- [Comprehensive Sex Education and Academic Success](#)
- [Abstinence-Only Until Marriage Policies and Programs: An Updated Position Paper of the Society for Adolescent Health and Medicine](#)
- [Public Support for Sex Ed](#)

What happens when children don't get quality sex education:

- [Abstinence-Only-Until-Marriage Programs are Ineffective and Harmful to Young People, Expert Review Confirms](#)
- [Eight-point criteria for Abstinence-only programs*](#)
- [Key Findings of 'Emerging Answers 2007' Sex Education Report](#)
- ["Sex Education Based on Abstinence? There's a Real Absence of Evidence"](#)

*Abstinence only programs specify that "sexual activity outside the context of marriage is likely to have harmful psychological and physical effects."

For information about quality curricula please visit our [website](#).