

Planned Parenthood of Greater Texas:

September Connections

Welcome to the September edition of Planned Parenthood of Greater Texas' monthly newsletter. As a valued supporter, we would like to share the latest updates on the work you make possible at Planned Parenthood. We have also included important action alerts and upcoming events.



HEALTHCARE: SERVICES AT PLANNED PARENTHOOD

Because of you, Planned Parenthood of Greater Texas is here providing compassionate, high-quality sexual and reproductive health care for Texans who count on us. People needed Planned Parenthood services before Roe v. Wade, and they continue to need us. Because of you, our patients can access essential healthcare appointments in-person or through telehealth.

Your support makes sexual and reproductive health care services available in Planned Parenthood health centers throughout Texas.



NORTH TEXAS GIVING DAY 2022

SAVE THE DATE
North Texas Giving Day is on September 22, 6:00 AM - Midnight. Early giving starts September 1st.
Support Planned Parenthood!

Planned Parenthood of Greater Texas Presents



Inaugural El Paso Event

Thursday, September 8, 2022

5:30 PM - 7:30 PM

Location will be provided upon RSVP

Co-Chairs

Michelle Cummings and Allison Glass

Our evening together will feature an array of cocktails and drinks, hors d'oeuvres, and mission-focused speakers who will provide an insider's view of Planned Parenthood's work in the border region. We hope to see you there!

TAKE ACTION: YOUR VOTE. YOUR FUTURE. BE PREPARED.

The right to vote has never been more important. The last day to register to vote in the November 8, 2022 election is October 11.

Ensure you will make your voice heard by voting in November.

GET INVOLVED, TAKE ACTION

WITH PLANNED PARENTHOOD OF GREATER TEXAS

A MONTHLY ACTION NETWORK UPDATE

AUSTIN EVENT: NIGHT UNDER THE STARS

Our evening together in front of the Austin skyline will feature mission-focused inspiration, education, and fun entertainment! Whether you plan to attend in person or virtually, we look forward to being together again as a community of passionate Planned Parenthood supporters.

THURSDAY, SEPTEMBER 29, 2022

THE LONG CENTER FOR THE PERFORMING ARTS
H-E-B TERRACE AND LAWN

CO-CHAIRS
BETH L. COHEN, MARCIA LEVY, AND SARA LEVY SHERIZEN

A NEWS CONNECTION

WEST TEXAS IS A DANGEROUS PLACE TO BE PREGNANT. IT'S GETTING WORSE.

Texas leads the U.S. in maternity ward closures, and nowhere is this more of an issue than in West Texas. *Texas Monthly* recently highlighted the heartbreaking realities created by limited maternity care access in rural Texas.

"The state [of Texas] is the national leader in maternity ward closures. In the past decade, more than twenty rural hospitals have stopped delivering babies. More than half the state's rural counties don't even have a gynecologist. Texas has some of the lowest income eligibility limits for Medicaid and has declined to expand them, as allowed by the Affordable Care Act...more than 18 percent of Texans don't have health insurance, the highest percentage of uninsured residents in the U.S."

Access to healthcare services including contraception and pre- and post-pregnancy care is essential for the health of Texans especially in underserved communities. Because of you, our loyal supporters, Planned Parenthood of Greater Texas health centers have increased access to contraception and extended hours to allow our health center staff do what they do best: care for people, no matter what.

Midlife Care Matters

Planned Parenthood is a trusted resource for patients navigating menopause symptoms. Your support helps our patients access the care they need, ensuring appointments are available at Planned Parenthood for midlife care services including annual exams, perimenopausal and menopausal care, and hormone replacement therapy.

10 Perimenopause is the time leading to menopause during which symptoms can occur. This stage can last up to 10 years.



100% of Planned Parenthood of Greater Texas health centers offer hormone replacement therapy to treat symptoms of perimenopause and menopause.

51 The average age of menopause onset.



1 in 5 American women relies on Planned Parenthood at some time in her life.

Our most common services provided are:



Birth control to help patients plan and space their pregnancies.



Testing and treatment for STIs, HIV tests, and PrEP and PEP.



Lifesaving breast and cervical cancer screenings.

EDUCATION: SEX ED SUMMER CAMPS

Because of your generosity, this year our educators hosted sex ed summer camps for more than 70 4th-12th graders. These workshops are designed to give young people the information they need to understand their bodies and make informed decisions to protect their health. Middle and high schoolers participated in a 4-session series addressing communication skills, healthy relationships, abstinence, sexual identity, gender, birth control, sexually transmitted infections and more. 4th and 5th grade students participated in a half-day "puberty party" where they learned information and skills to navigate the big, wide world of growing up.






More than 80% of students surveyed reflected an increase in their knowledge about sexual health by participating in the program and an overwhelming majority would recommend the workshop to a friend.

Like all Planned Parenthood of Greater Texas education programs, Sex Ed Summer Camp was free for families thanks to your generous donor support.

WAYS TO GIVE

Would you like to continue supporting high-quality healthcare services and sex education programs for generations to come? Contact Shawn Wills, Chief Development Officer, at (214) 363-3505 or shawn.wills@ppgt.org if you want to learn how a legacy gift to Planned Parenthood can ensure your commitment to high-quality care for all continues.

Your gift of:

-  **\$1,000** empowers five teens with honest, inclusive sex education
-  **\$360** prevents unintended pregnancies with one year of birth control
-  **\$175** helps one patient access midlife healthcare
-  **\$100** provides four empowerment kits with emergency contraception, a pregnancy test, and condoms to support patients in planning and spacing pregnancies
-  **\$50** keeps communities healthy through the distribution of 250 condoms

If you have a question or if you want to learn more, please contact the Development Office at (214) 254-3017 or email us at development@ppgt.org.

